



2021-2022
Annual Report
with
2023 Calendar

GUGAN GULWAN
YOUTH ABORIGINAL CORPORATION

Who we are and what we do

Gugan Gulwan Youth Aboriginal Corporation was created to support young Aboriginal and Torres Strait Islander people in the ACT and surrounding regions to thrive and succeed. Our commitment is to protect, nurture and support children, youth and their families as they grow – from birth, through childhood, adolescence and into adulthood.

The mandate of Gugan Gulwan is twofold. The first is to work with, and through, our many partners to establish a system of services and supports that strengthen families and help those of our children and youth who are experiencing vulnerability. The second is to lead advocacy and effective policy development on issues that affect all Aboriginal and Torres Strait Islander children and youth.

Since its creation, Gugan Gulwan has built considerable expertise in the area of child and youth development. This focus on positive development informs our role as a champion and catalyst for the outcomes of all Aboriginal and Torres Strait Islander children and youth in our region.

Gugan Gulwan actively shares our expertise with others and works in partnership to create opportunities for the voices of children and youth to be heard across the sector and within government. Successfully carrying out these roles requires a workforce with a broad range of skills, including: case management; community engagement, counselling, direct service delivery; policy development; program design; systems design; program evaluation and oversight; partnership development; financial and capital management; human resources; information technology; information management and analytics; organisational development; and administration. While not always visible, each of these functions is crucial for serving our region's young people effectively and responsibly.

Our Strategic Priorities

Our strategic priorities for the next five years have a strong focus on continuing and strengthening Gugan Gulwan's leadership and governance to deliver a culturally safe and professional service to ensure our people have a service that is community owned and led. This is to ensure that our voice is authorised and empowered in every aspect of their lives. It is fundamental that Aboriginal and Torres Strait Islander peoples need to be part of the decision-making process and be supported to lead and guide the implementation of solutions for challenges that are about them.

We will maintain prevention and early intervention focus with the provision of support for and resourcing of good practice Aboriginal and Torres Strait Islander led prevention approaches. We will continue to strengthen our community leadership and cultural authority to engage, advise, and influence government policy makers, funding bodies, other stakeholders and partners to consider how child, youth and family challenges and services are developed, addressed, and provided to the ACT Aboriginal and Torres Strait Islander community.

To achieve our strategic priorities, we will strive for a fit for purpose facility to be able to better meet the needs of Aboriginal and Torres Strait Islander community and allow for growth.

Our Strategic Objectives for 2021 – 2026 are:

Governance & Leadership

Community Voice & Decision Making

Aboriginal & Torres Strait Islander
Approaches to Prevention & Early
Intervention

Cultural Authority & Community Leadership

Purposeful Building

Board of Directors 2021 - 2021

Position	Name
Chairperson	Robyn Martin
Deputy Chair	Ross Fowler
Secretary	Mark Farrow
Treasurer	Sel Cooper
Director	Paula McGrady
Director	Ginibi Robinson
Contact Officer	Kim Davison

Staff who have left the organisation in 2021 - 2022

We would also like to

Thank you

for your service -

**Betty Callow, Amber Bootle,
Jesse Coleman, Kayla Seden,
Kathryn Williams**

Staff 2021 - 2022

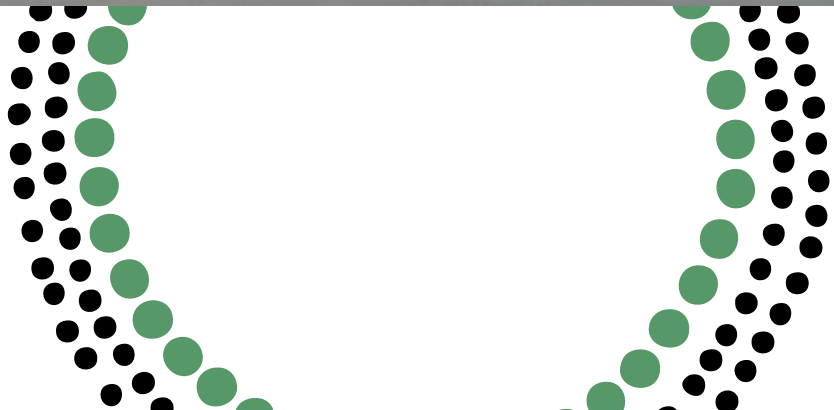
Name	Position	Section
Kim Davison	Executive Director	Management
Amanda Savle	Deputy Director	Management
Betty Callow	Executive Assistant	Management
Amber Bootle	Accreditation Officer	Administration
Malcolm Towney	Family Support Worker	Child, Youth & Family Support
Karla Wighton	Early Childhood Worker	Child, Youth & Family Support
Kathryn Williams	Youth Support Worker/Family Liaison Officer	Child, Youth & Family Support
Cyndy Newman	Family Liaison Officer	Reconnect
Peter Williams	Family Liaison Officer	Reconnect
Dale Huddleston	Youth/Drug Alcohol Outreach Worker	Drug & Alcohol/Mental Health
Aliesha Cross	Dual Diagnosis Worker	Drug & Alcohol/Mental Health
Budda Connors	Mental Health & Wellbeing Outreach Worker	Drug & Alcohol/Mental Health
Jesse Coleman	Youth/Drug Alcohol Outreach Worker	Drug & Alcohol/Mental Health
Kayla Seden	Youth/Drug Alcohol Outreach Worker	Drug & Alcohol/Mental Health
Wayne Martin	Program Support Worker	Growing Healthy Families
Alyce Davison	Streetbeat Outreach Worker	Drug & Alcohol/Mental Health

Staff Professional Development

Fire Drill Training
First Aid Training
Diploma of Counselling
Perpetrator Response Training



New Building Design

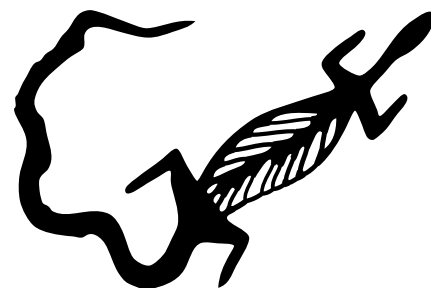


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APRIL	Gugan Gulwan Planning Day 2022 Case Management QIP Accreditation
MAY	Gugan Gulwan Group Programs <i>Tutoring Program / Back to School Packs/ Young Men's Mentoring Group</i>
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JULY	Celebrating Our Performers
AUGUST	Gugan Gulwan Group Programs continued <i>Streetbeat Outreach Program / Community Arts for Therapy Yass High School Program / Drop in program</i>
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Gugan Gulwan
Youth Aboriginal
Corporation





Gugan Gulwan NAIDOC Awards

January 2023

1st - New Years Day

SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE							
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Chairperson's Report



As chair of Gugan Gulwan Youth Aboriginal Corporation, I am delighted to introduce our annual report for 2021–22. I've been on the Board for several years now and it continues to be a privilege being a part of this organisation, I'm in awe at the level the organisation goes to support our children, young people, and families.

This report highlights the organisation's achievements and challenges over the past year as we continued to deliver a remarkably wide range of support services for young people, families, and overall community.

It is a privilege to be on the Board of Gugan Gulwan and to be able to represent and support the views of the ACT First Nations community. The community's contribution has helped shape and determine the ongoing vision of the organisation.

Gugan Gulwan's mandate and primary responsibility is to stakeholders and the community, and it does not seek to deliver programs and services that are not meeting the needs and demands of the local community. Gugan Gulwan actively strives to enable community voices to be front and centre.

Navigating the COVID-19 pandemic has been a continuing challenge this year, impacting our staffing levels at various times. Throughout, our staff and management team have been flexible, positive, and committed to delivering quality services to clients. I commend

everyone in the organisation for their professionalism and resilience this year and throughout the pandemic.

In 2021–22, Gugan Gulwan continued to enhance our work as a best practice Aboriginal First Nations youth centre delivering to ACT, Queanbeyan and Yass. Sharing our considerable experience in youth, families, and community. Where appropriate, Gugan Gulwan continues to provide policy and legislative advice, through representation on numerous committees. This enables Gugan Gulwan to participate in reform to the ACT Government Departments/Directorates with a clear focus on First Nations youth issues.

There have been a number of highlights throughout the year, the 2 most significant is we celebrated our 30th year of service to the community during NAIDOC Week and we will be getting a new building which will be on the same site as the existing building but knock down and rebuild, we are very excited by this and can't wait.

On behalf of the Board, I want to acknowledge Kim, your drive, commitment and dedication knows no limits, Gugan would not be the service it is today, providing a wholistic culturally safe organisation to our community, I have no words that truly express our appreciation for all that you do apart from a heartfelt thank you.

To the staff of Gugan who are often working with extremely complex issues, difficult environments, and systemic barriers that you often hit up against, you do amazing work in supporting our community and our Board thanks you too and appreciates all that you do.

Finally, I would also like to acknowledge my fellow Board members, without their contribution and generosity of time in fronting up in supporting the organisation and each other, we play a small part in the ongoing development of the organisation. I thank you and I have enjoyed working with you all over the past 12 months and look forward to the next 12 months.

Robyn Martin
Chairperson



Gugan Gulwan NAIDOC Awards

February 2023

13th - Anniversary of The Apology

WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE
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Executive Director's Report



Another challenging year, once again, our team were reminded just how fragile our state of 'new normalcy' was as we re-entered lockdown in August 2021.

As a team Gugan Gulwan were better prepared for the second lockdown, putting in place several measures to ensure the community were supporting in the best way possible. These included, food supplies, provision of cleaning products, high presence on social media, provision of skip bins, art supplies and information in general on what to do if community caught COVID-19. As we seen cases rise, it was imperative to provide clear and concise information. This continued into the new year with cases continuing to rise over the Christmas period. This led into vaccinations against Covid and the emergence of new variants.

Gugan Gulwan successfully completed the second cycle of formal accreditation in September 2021, with external assessors evaluating all program and services delivered by the organisation including through QIP /AGPAL against the QIC Health and Community Services Standards 7th Edition. A fantastic achievement whilst navigating lockdown.

Despite the challenges, Gugan Gulwan continued to deliver as a service moving into 2022 where the Organisation were planning to celebrate 30 years of service to the ACT community. A huge effort,

which demanded celebration no matter the trying conditions we would face moving forward.

With the announcement of a new purpose-built facility for Gugan on the grounds of the current building, Gugan Gulwan were required to relocate to Erindale Business Park in May 2022, which brought about a whole new set of challenges. The organisation was required to separate into different building at Erindale Business Park whilst continuing service delivery. Once again, another hurdle that the service was required to navigate.

Looking back over the year, so much has happened, and so much has been achieved. We are a service that is resilient, skilled, and accountable.

To my staff – I cannot speak highly enough of you all, your dedication, commitment, and skills are on show every single day. While we certainly celebrate our success, we also acknowledge that we are not always perfect; we can drop the ball when it comes to sound service delivery. However, we pick ourselves up, self-reflect as to why we work in this environment and move on.

To the Board of Directors, thank you for your support, your direction and unwavering commitment to this organisation. It does not go unnoticed; you are appreciated, and I value you more than I can express in words. Successful leadership creates a clear vision of what this organization can achieve.



Kim Davison
Executive Director



We are so, so blessed to be supporter by such a wonderful community and amazing staff through Gugan Gulwan Youth Aboriginal Corporation. Hope you all stay safe xoxo

Excellent work Gugan such an awesome Koori org. Love the service you provide to our people. Take care and stay safe ❤️

A piece of brilliance from one of our own!

Gugan Gulwan would like to wish Tahalianna all the best on her venture with The Voice Australia 2022, airing Tuesday 26 April at 7.30 pm.

We are all extremely proud of this young woman who has a huge future and amazing voice.

Well done young lady, we always knew you would shine on the big stage.

Gugan Gulwan Team See less

Edit

121

11 Comments 54 Shares

Gugan Gulwan School Holiday Program
Week 1: 1pm - 2pm
Online Sessions with Alesha and Cynidy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Substracker Game Savenger Hunt	Virtual Storytelling Session	Cultural Session with Uncle Toby and Uncle Buddy	Chatting up a man with Mawuna	Ballin a poster about the week with Alesha
Director online platform for photos, social media, etc.	To attend this session please email Alesha or Cynidy via Instagram, Facebook or email: alesha@gugan-gulwan.com.au			Native Games Cultural Through Time Quiz

Zoom links to each session will be posted 10am everyday for a 1pm start.

Gugan Gulwan School Holiday Program
Week 2: 1pm - 2:30pm
Online Sessions with Jesse & Kathryn

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Substracker Game Photo project, where you share photos of your family and friends	Virtual Storytelling Session	Cultural Session with Uncle Toby and Uncle Buddy	Chatting up a man with Mawuna	Ballin a poster about the week with Jesse
Director online platform for photos, social media, etc.	To attend this session please email Jesse or Kathryn via Instagram, Facebook or email: kathryn@gugan-gulwan.com.au			Native Games Cultural Through Time Quiz

Zoom links to each session will be posted 10am everyday for a 1pm start.

FOOD SUPPORT

GUGAN GULWAN HAS FRUIT, VEGETABLE AND EGG HAMPERS AVAILABLE THAT WILL BE DELIVERED DIRECTLY TO PEOPLE'S HOMES.

PLEASE CALL KIM DAVISON, EXECUTIVE DIRECTOR, ON 6296 8900 TO FIND OUT MORE.



GUGAN GULWAN
YOUTH ABORIGINAL CORPORATION

Shoutout to Gugan for the fresh food hamper the other day, it went around everyone at our house. Was very much needed. ❤️

Gugan Gulwan Youth Aboriginal Corporation

Community Support

Carpet Cleaning, Pest Control & Air Conditioner Service.

Gugan Gulwan is offering assistance to the Community in need of Carpet Cleaning, Pest Control &/or Air Conditioner Service.

Please contact Malcolm & Karla to apply.

Email: malcolm@gugan-gulwan.com.au or karla@gugan-gulwan.com.au
Phone: 6296 8900

Terms & Conditions Apply

SCHOOL HOLIDAY PROGRAM WEEK 2

Back to School!

Gugan Gulwan Youth Aboriginal Corporation

Gugan Gulwan will be assisting families with back to school essentials. To apply please contact Alesha via email: alesha@gugan-gulwan.com.au or 6296 8900

Please identify option before applying.
ONE option per family.

Each child will get a back pack.

Opt 2. School Shoes (T&C's apply)

GUGAN GULWAN YOUTH ABORIGINAL CORPORATION

NEW LOCATION

MAIN ENTRY Building C

ERINDALE BUSINESS PARK
SUNDRIDGE & CO.
8 LAMBELL STREET
WARRIASSA ACT 2800

MAILING ADDRESS:
GUGAN GULWAN YOUTH ABORIGINAL CORPORATION
PO BOX 385, ERINDALE CENTRE
ACT 2802

Facebook posts

March 2023

13th - Canberra Day

WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI							
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Covid-19 Lockdown

13 August – October 15 21



The ACT went back in emergency lockdown in August 2021 due to the ongoing health emergency; this greatly increased demands for support from whole of community.

Throughout lockdown Gugan Gulwan remained operational (skeleton staff on site, remaining staff working remotely) and facilitated direct support to community members with fresh fruit/vegetable and meat hampers across the ACT, Queanbeyan, and Yass region.

A focus for Gugan Gulwan was promoting and distributing relevant COVID-19 information to the ACT First Nation's community with themes promoting adherence to government restrictions, getting tested and vaccinated. Gugan Gulwan social media became a direct communication tool for community and reached over 190,000 people from August-October 2021 with over 520 social media posts published.

Within the lockdown period Gugan Gulwan provided in addition to their regular service delivery over 1400 occasions of service including:

- 237 x \$100 Meat Vouchers**
- 238 x \$100 Woolworths Essential Vouchers**
- 327 x Fruit/Vegetable and Meat Hampers**
- 41 x \$100 Lowes vouchers**
- 14 x \$50 Teenage Gift Cards**
- 19 x Mobile Phones for young people**
- 30 x bus tickets**
- 18 x \$50 and 12 x \$20 Supabarn vouchers**
- 40 x Winter Packs**
- 200 x Baby products and cleaning supplies**
- 200 x Children Activity Bags**
- 60 x women's handbags with toiletries**
- 60 x toys and games for children**
- 200+ reusable face masks as needed**



Gugan Gulwan staff planning day 2022

April 2023

7th - Good Friday, 8th - Easter Saturday,
9th - Easter Sunday, 10th - Easter Monday, 25th - ANZAC Day

SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN
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Gugan Gulwan Planning Day 2022

Gugan Gulwan values staff planning days to ensure that the team is working as effectively as possible with the limited resources afforded to them. As a First Nations service it is vital Gugan Gulwan works to provide the best service possible within the resources available and proper planning is vital to this process.

The 2022 planning day looked at key areas, such as:

- Management address to staff – expectations
- Setting the scene for the year ahead
- Team presentations
- Self-Care and strategies for implementation
- Review of the previous year
- What works well, what do we change
- Group program reviews
- Impacts of COVID-19
- Setting boundaries
- Burnout due to vicarious trauma

Case Management

The mandate of the Gugan Gulwan Case Management Service is to provide all clients with a sound service, with continuity of care and follow-up. It is important that these Guidelines are followed when a member of staff at Gugan Gulwan is required to undertake Case Management with a client.

Case management is a collaborative process of assessment, planning, facilitation, coordination, evaluation, and advocacy for options and services to meet an individual and family's comprehensive needs through communication and available resources.

The role of the case manager is to follow the processes through the core functions of case managers. Its function is to assist young people, and their families, to build a positive life in which they can meet their needs while assisting to build strength and resilience within the individual and family.

A total of 91 families received Case Management.

QIP Accreditation

Gugan Gulwan successfully completed its second cycle of formal accreditation in September 2021 with external assessors evaluating all programs and services delivered by the organisation including through QIP /AGPAL against the QIC Health and Community Services Standards 7th Edition. Programs and sections assessed included:

- Child Youth and Family Support
- Drug and Alcohol/Mental Health
- Reconnect
- Administration
- Management

The formal accreditation scope of assessment also included the review of processes and systems including organisational governance, management systems, consumer and community engagement, diversity and cultural appropriateness, and service delivery. Gugan Gulwan successfully achieved accreditation against these standards until September 2024.



Gugan Gulwan's Young Men's Group

May 2023

26th - National Sorry Day, 27th May - 3rd June Reconciliation Week

MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED							
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Group Programs

Tutoring Program

The Gugan Gulwan Tutoring Program is an individualised program of support for First Nations young people who are needing additional one on one learning support in the ACT region.

The program addresses the challenges many First Nations students face to remain engaged in education and learning. Through the tutoring program strategies of learning are identified to maintain and progress the child's current learning and education.

The Gugan Gulwan tutoring program is delivered by Canberra Tutoring who can deliver the tutoring sessions in home or at another mutually agreed upon location.

Through the Gugan Gulwan tutoring program students receive 10 x 1-hour tutoring sessions at no cost.

A total of 320 Sessions of Tutoring were delivered 1 July 21 – 30 June 22.

Back to School Packs

Gugan Gulwan continues to deliver the Back to School program with demand increasing each year. This was especially so this year with the cost of living increases faced by many families.

This year the program included school uniform assistance, assistance to purchase either shoes or school uniforms as well as bags, lunchboxes, drink bottles and laptop covers.

The Back to School packs were offered through out the ACT, Queanbeyan and surrounds including Yass.

The program assisted 181 families with uniforms or shoes, 150 Junior Students received bags, lunch boxes and drink bottles and 200 Senior students received bags, laptop covers and drink bottles.



Young Men's Mentoring Group

The Young Men's Mentoring Group continues to experience high demand as there is an identified service gap in programs for young First Nation's men in this age cohort. At the commencement of the program the young men and staff discuss desired program content and outcomes and agree on a mutual way of working and communicating together. The staff and mentors on the program provide strong role modelling of behaviours for the young men on the program so they can navigate and learn positive relationships and communication. Cultural practice and knowledge are an intrinsic strength of this program as some of the young men are disconnected or lack knowledge of their culture. Through the YMMG program the young men learn, practice, and discuss cultural men's business.



Gugan Gulwan Young Women's Group participants

June 2023

3rd - Mabo Day, 12th - Queen's Birthday

THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI
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Young Women's Group

The Young Women's Group (YWG) continue to undertake a variety of activities throughout this reporting period. Due to the COVID-19 outbreak and lockdowns in the ACT, Group Programs proceeded to operate online weekly. A challenge and success of the program throughout the lockdown period has been keeping the young women engaged with the group which is also helped alleviate the social isolation. During the lockdown period participation within the YWGM decreased due to online fatigue and exhaustion.

2022 saw an increase in attendance of the Young Women's Group with participants craving face to face contact. The group addressed issues such as social isolation, community issues, arts for therapy, living skills, mental health.

School Holiday Program

A continuing focus for the school holiday program in 2021/22 was identifying new activities that encompassed healthy lifestyle activities. Gugan Gulwan school holiday program is a culturally safe and competent school holiday program for our First Nation's young people. Activities and events are sought that help strengthen and develop young people's understanding of culture.

A unique component to our school holiday program is the opportunity we provide for young people aged 16 years to participate in the delivery of the school holiday program as an assistant/mentor on the program. The young people on the program have scheduled hours, program responsibilities, supervision and engagement of young people and provide evidence of WWVP status. All program assistants receive a monetary payment for their contribution. Being an assistant on the program supports young adults develop and manage responsibilities whilst providing tangible work experience.

Music Program

During the pandemic our programs moved to online and multimedia formats. Moving our Music Program to this format allowed participants to engage with their Tutor one on one via Zoom weekly. Broader Group sessions were challenging but continued to run. Once programs shifted back to in person it became apparent that Northside residents were not able to access the Music program.

Previously some did attend ANU and were able to resume this, but other families indicated this was not an option. To meet this need Gugan Gulwan has continued the Zoom sessions for all participants that have requested this format.

The program concentrated on the performing troop which consists of 3 artists who are singer performers along with the ANU Tutors who rehearsed with our performers for our NAIDOC events. In addition to this Gugan Gulwan's recording program commenced in February and continued until May providing our students with recording experience as well as providing backing music for live performances. This program is sponsored through ANU School of Music My Song program.





ACT NAIDOC Organisation of the year 2021 Award

July 2023

2nd – 9th July NAIDOC Week

SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON							
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Celebrating Our Performers

Gugan Gulwan celebrated three brilliant young people who feature at Gugan Gulwan events and around the Canberra region. Their popularity has grown over the years being involved with Gugan Gulwan Music Program and their success has just begun. There are many ways that young people can express their feelings through music. This has certainly been the case for these young performing artists. Telling their stories through music is a very powerful tool.



Stewart Barton

Stewart Barton has been a part of Gugan Gulwan's music program since he was 9 years old. He presented as a shy yet talented young man who grew from strength to strength. Music has given Stewart the confidence to now become a talented performer who released his debut single 'You are Beautiful' in July 2021. Congratulations Stewart, Gugan Gulwan will always be behind you in your musical journey moving forward.

Tahalianna

A young lady with a big voice and so much talent. Tahalianna at 15 years of age has been singing all her life, performing in public for the first time when she was just six, for NAIDOC week at the National Museum of Australia.

Tahalianna is a welcomed regular at Gugan Gulwan, attending the Young Women's Group and performing at Gugan's annual NAIDOC Awards nights. Gugan Gulwan has watched this young lady become a powerhouse performer who performed in the Voice blind auditions singing the massive anthem Freedom by Beyonce' In April 2022.



Summar Barrett

A regular of the Gugan Gulwan music program, Summar has blossomed into a talented performer. Summar has performed at events around Canberra with the guidance of musicians/mentors over the past few years. It has been a pleasure to see Summar's self esteem rise to the point of no return. Building a truly happy life involves exploring your innermost feelings. Music can help achieve this, while improving feelings of self-confidence.





Gugan Gulwan School holiday program participants 2022

August 2023

4th - National Aboriginal and Islander Childrens' Day
 9th - International Day of the World's Indigenous People

TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU							
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Streetbeat Outreach Program

The Gugan Gulwan Streetbeat Youth Outreach Program is a tailored health program to reach vulnerable First Nations youth in the ACT region. It operates on Friday and Saturday nights between the hours of 7-11pm, targeting meeting places and identified “trouble spots”.

The program can provide diversionary and or immediate support to individuals with a broad range of information, resources, and services. The geographic scope of the delivery of this program is Canberra, Yass and Queanbeyan region. 2 665 sexual health information kits were distributed to young people in the last 6-month period. Male: 917, Female 427, Patrols 52

Community Arts for Therapy

Community Arts for Therapy is designed for Community Groups to attend Gugan Gulwan outreach programs facilitated at various venues.

The Program is designed for young people to have a stronger connection to their culture and community, developing living skills, creativity, art, understanding of the effects of use and misuse of drugs and alcohol, building support networks and becoming more aware of their relationships, and building a rapport with the Gugan Gulwan staff for further support and/or case management.

Several services access the program such as Ted Noffs, young bra’s group, Worldview, Clontarf. The program is also delivered at the Alexander Moconochie Centre (AMC) and Bimberi Youth Detention Centre.

Yass High School Program

This program, funding by Growing Healthy Families, supports activities to improve First Nations educational outcomes, opening the door to more options of pathways to success. The program can include many things that assist families to achieve the best outcomes for children and young people. The program has a critical focus on increased school attendance and improved educational outcomes that lead to employment.

Outcomes

- Support families to give children a good start in life through improved early childhood development, care, education, and school readiness.
- Get children to school.
- Improve literacy and numeracy.
- Support successful transitions to further education and work.

Drop in Program

The Gugan Gulwan Drop-In program continues to provide a soft entry point and introduction for direct and indirect support to students across the ACT region. Gugan Gulwan readily engage with the young people accessing the Centre to ensure needs are being met. Within this 12-month period 223 young people accessed the Drop In Program.

Young people attending the Drop-in Program engage in recreation pool, table tennis and online gaming facilities. Gugan provides a phone charging unit and healthy food options for all young people accessing the Centre.

Moving to new premises at Erindale Business Park has seen a marked decrease in drop in participants due to its location. This will be ongoing until the new purpose-built facility is built.

Suicide Prevention

It's Everybody's Business

SERVICES



Gugan Gulwan Youth Aboriginal Corporation
6296 8900
gulwan.com.au



Winnunga Nimbitjyah Medical Centre
6284 6222
winnunga.org.au



ACT Health Website
www.health.act.gov

Services:

IT'S OK TO TALK ABOUT IT

Gugan Gulwan Youth Aboriginal Corporation 6296 8900
Winnunga Nimbitjyah Medical Centre 6284 6222
ACT Health Website: www.health.act.gov.au
CATT Mental Health Crisis Treatment Team
CATT Team 1800 629 354 (24hr) Services

Suicide Call Back Service 1300 659 467
Suicide Bereavement Response Service 0421 725 180
SANE Australia Hotline 1800 187 263
Lifeline 13 11 14 (24hr) 13 11 14
Kids Helpline 1800 551 800

If the situation is dangerous and requires urgent attention please call the Police and Ambulance on 000

It's OK to talk about it

HELPLINES

Suicide Call Back Service (24hr)
1300 659 467

Suicide Bereavement Response Service 0421 725 180

SANE Australia Hotline (24hr)
1800 187 263

CATT Team (24hr)
1800 629 354

Lifeline (24hr) 13 11 14

Beyond Blue 1300 224 636

Mensline 1300 789 978

Kids Helpline (24hr) 1800 551 800

**Need urgent help?
Call 000**

If the situation is dangerous & requires urgent attention please call the Police & Ambulance



September 2023

14th - RU Okay Day

FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

Suicide Prevention Campaign 2021

Parenting Our Way

Gugan Gulwan Parenting Our Way program is delivered to parent/carers in the community to and for our First Nation's children and families.

The program provides opportunities for families to engage in the learning and development of life skills, group activities and educational information sessions. Participants in this program receive practical parental support, advice and information on issues affecting them. The program is delivered in an environment that is safe, free from judgement and culturally sensitive.

Parenting our way introduced online cooking classes with Malcolm Towney and Budda Connors throughout lockdown, which proved successful. The aim of the classes was to introduce humour and offer parents an opportunity to cook with their children. It was well received by the community.

Gugan felt the need for families to remain connected and undertake family activities. This was evident through the views, shares and feedback provided through Facebook, emails, phone calls and evaluations.

The social and emotional connectedness that the cooking sessions provided was overwhelming from families. Families reported that these sessions provided them with laughter, fun activity, something that the family could do together and something enjoyable to do.

Gugan also had face to face parenting our way sessions in the second half of the year involving Jeff Amatto - More Cultural Rehabs, less jails. Joe Williams provided a customised workshop to invited community to share his experiences and speak about the role Trauma plays within the community and impacts upon Mental Health. Joe specifically focused on the impacts of vicarious trauma. The workshop was targeted toward those who have a history of trauma but struggle to understand the impacts of trauma related behaviour in their parenting.

Gugan Gulwan Lunch Program

The Gugan Gulwan Lunch program is mobile and can be delivered in schools, external community events and within other Gugan Gulwan programs. The Gugan Gulwan Lunch program is an informal pathway for young people to access information and supports and focus age group is young people aged 12-25 years.

Due to the ongoing impacts of the health emergency, the Gugan Gulwan Lunch Program has been limited in its capacity to deliver the program in an outreach capacity within school/colleges and exposure locations.

Moving forward the lunch program will be required to operate in an outreach capacity due to Gugan Gulwan moving to Erindale Business Park where barriers exist due to space problems and decline in drop in numbers.

Group Programs	Young People Attended	Sessions Delivered
Young Men's Mentoring Group	30	28
Young Women's Mentoring Group	11	32
Music Program	20	30
Streetbeat Youth Outreach Program	1344	52
Drop-In Program	80	13
Lunch Program	386	6
Community Arts Program Including Amc, Bimberi And Ted Noffs, Young Bra's	54	95
Growing Healthy Families Program Clontarf, Yass High School	20	45
Tutoring Program	45	450
Parenting Our Way Program	17	2
Covid-19 Community Support Program	70	
Back To School Program	181	



Award recipients at the Gugan Gulwan NAIDOC Youth Awards/Disco – July 2021

October 2023

2nd - Labour Day

SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

Gugan Gulwan Events

Awards were had made by
group program participants



Gugan Gulwan NAIDOC Youth Awards and Children's Disco 2021

Gugan Gulwan NAIDOC Youth Awards and Children's Disco was a highly anticipated community event as many community events had been cancelled or postponed over the previous 12 months with the ongoing health emergency and associated government restrictions.

Gugan Gulwan recognized this event was very important to allow a night of celebration as a community.

In 2021 a concentrated focus was on celebrating and acknowledging our First Nation's young people and providing them with an event that recognized their resilience, courage, and determination in trying times. The night highlighted fabulous performances by young people and mentors in the community including Stewart Barton, Tahalianna Mahanga, Summar Barratt, Alice Haines and of course the ever vibrant and much-loved DJ Cuddles who brought the music to the disco in full style.

Gugan Gulwan also wanted to celebrate and share their '2021 Organisation of the Year' award that was announced at the local NAIDOC ball.

A significant and collaborative achievement leading up to the event was the handmade NAIDOC Youth Awards that were created through a variety of outreach programs Gugan Gulwan delivers including young people detained in justice settings and young people working with services to address drug and or alcohol concerns.

245 community members attended the event.



Jeff Amatto at Gugan Gulwan

Child/Young Person's Web



Belonging

Feeling safe

Self-esteem

Feeling encouraged & supported

Feeling guided

Feeling secure

Feeling guided

Able to grow at own pace

Feeling warmly connected

Connection to history & story

Feeling respected & valued

Feeling loved

Able to express feelings & wishes

Connection to family & community

Connection to cultural values, beliefs & practices

Feeling heard

Connection to spirit, spirituality & ancestors

**CHILD
YOUNG PERSON**

Connection to mind & emotions

Personal identity

Cultural expression

Connection to country

School holiday program at Gungan and Child/young person's Web.

November 2023

WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

Youth Week

Gugan Gulwan delivered a Youth Week event Thursday 7th of April 2022, it comprised of a 3x3 Basketball Competition for participants aged 7 - 17, and wider community members. The event was well attended by more than 250 community members.

The 3x3 Basketball competition had 21 teams. This was a large increase from the previous year where 8 teams participated. The event day saw a lot of rain, so the event was moved from the Courts outside Gugan Gulwan to Erindale College from 12.30pm-2.30pm. The competition was action packed and hotly contested by the participating teams and was exciting to watch. A community BBQ lunch was provided as part of the event with over 250 youth and community members in attendance.

Basketball ACT supported the event by providing two staff members to come along and help Gugan with the 3x3 competition, they also assisted by being our experienced referee's. Jade Melbourne from the UC Canberra Capitals WNBL volunteered on the day. Jade was a wonderful guest and spoke with many of the young aspiring Basketball players.





Gugan Gulwan Christmas Message

December 2023

10th - Human Rights Day, 25th - Christmas Day, 26th - Boxing Day

FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

Aboriginal and Torres Strait Islander Children's Day 2021

Gugan Gulwan celebrated Aboriginal and Torres Strait Islander Children's Day on Tuesday the 3 August 2021 at Richardson Pre-school.

Gugan Gulwan was approached by Richardson Primary School to work in collaboration with them to finish painting their Aboriginal Totem poles that they had displayed in the pre-school playground area.

Under the Growing Healthy Families Program Gugan Gulwan worked collaboratively with the school to finish the totem poles in time to celebrate Aboriginal and Torres Strait Islander Children Day.

With the Aboriginal and Torres Strait Islander Children's Day theme being Proud in Cultural, Strong in Spirit. Gugan Gulwan invited Dream Time Connection a local Aboriginal Artist to deliver a bush tucker program to the children and start planting some native plants in the school garden.

On the day of the event 5 staff from Gugan Gulwan attended and participated in the morning celebrations. The event was open by acknowledgement to Country by Malcolm Towney followed by an acknowledgement delivered by the children. WIN news was invited along to film the event and interview some of the artists who assisted with designing the poles.

The children were divided into 4 groups who would rotate to different workstations to complete different activities followed by morning tea.

- Bush Tucker workshop with Dream Time Connections
- Handprints on totem poles
- Painting handprints to be placed in the garden
- Cooking painting workshop that the kids got to take home at the end of the day.

Gugan Gulwan also purchased the Aboriginal and Torres Strait Islander Children's Day activity bags for Richardson, Wanniasa and Narrabundah Koori preschool students to enjoy.

- Total of participants for the event: 50
- Total bag delivered: 150

Gugan Gulwan R U Ok Event -9th September 2021

R U Ok Day is a National initiative to ensure that communities are regularly checking in with family, friends and community by asking R U Ok? To spread the message to the ACT Community Gugan Gulwan organised videos of staff and local First Nation's people to share their message around R U Ok Day via Gugan's Gulwan social media platforms. Young people developed posters and drawings on what R U Ok Day means to them and these were also shared via social media. The videos were extremely popular reaching over 3500 people.

Gugan Gulwan hosted an online community yarn up event that was supported and attended by Relationships Australia's Dhunlung Yarra counsellors. This online event gave the opportunity or community members to have a yarn about where they are at with their mental health and the current lockdown restrictions. Many community members voiced their frustration, anxiety, concerns about the lockdown, ongoing worry for family members and the uncertainty moving forward.

Gugan Gulwan launched new mental health suicide prevention resources including:

- Posters
- Sherpas
- Information and resource cards
- Stress footballs
- Laptop pouches
- Mouse pads
- Air fresheners
- Street Beat Sexual Health Packs

3500 people viewed online videos and or participated in community yarn up session.



A Letter to Our Community...



BE INTENTIONALLY
KIND, REMEMBER TO
BE GRATEFUL AND
SHARE OUR RESPECT



It is our greatest privilege at Gugan Gulwan that we get to meet you, and at times share your journey. We feel honoured to watch children and young people grow as they transition into adulthood. We love to see generations come through our service and contribute to these beautiful smiles, laughter, and unique personalities with all the staff at Gugan Gulwan.

As a community we need to remember to not silo and prioritise our own needs. We all have own hardships and sorrow.

We need to remember to be *intentionally kind*, to not only be kind when it is easy to be, but to be kind when at times it is hard to be.

We need to be grateful; grateful means acknowledging all the positive things or people in your lives whether they are tangible or intangible. Being grateful helps find positive emotion, instils inspiration, and helps us face daily challenges.

We are blessed to have our families, friends, and community. We are blessed that we in the ACT we have four seasons. We are blessed that we have nature and country on our doorstep.

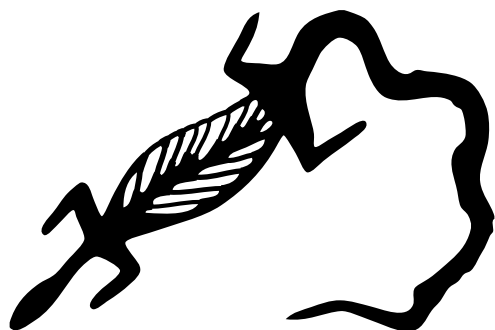
We need to care for each other more; not just as individuals, families, but as a community.

Gugan Gulwan needs our community to care and be intentionally kind to us, as we are to you; we need you just as much as you need us!!

The last 18 months have brought many significant challenges for our community, and there will be more challenges ahead but if we can be *intentionally kind, remember to be grateful and share our respect* then we will be our stronger and better community for it.



Treasurer's Report



As the Treasurer, I am pleased to present the audited financial statements for the year ended 30 June 2022 for Gugan Gulwan Youth Aboriginal Corporation.

During the 2022 financial year the organisation continued to maintain a strong financial position while meeting the strategic goals as identified by the Board. This has been achieved by maximising the effectiveness and efficiency of our financial operations by thoughtfully working towards organisational excellence and maintaining strong cashflows throughout the Covid-19 pandemic.

Gugan Gulwan's full audited financial statements for the year ended 30 June 2022 are available on the website of the Office of the Registrar of Indigenous Corporations (ORIC) and upon request.

I would like to thank the Executive Director – Kim Davison, Deputy Director – Amanda Savle, Marie Roach - MYOB Consultant, Sarah Walter of Acute Bookkeeping and Kelli Lawton of Cosgrave Soutter for their ongoing financial management and reporting for Gugan Gulwan.

I would also like to thank KPMG who have continued as Gugan Gulwan's Auditor for the year ended 30 June 2022.

Regards,

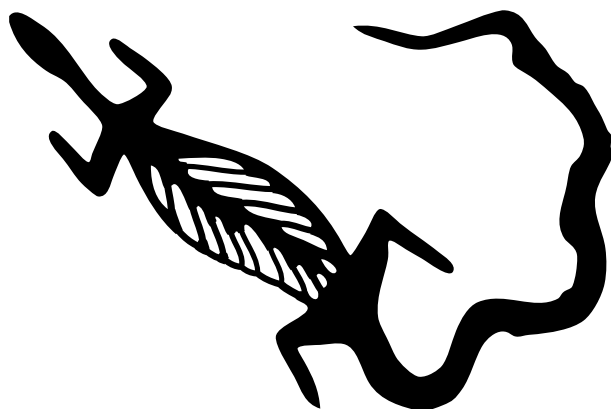
A handwritten signature in black ink, appearing to read 'Sel Cooper'.

Sel Cooper

Treasurer

October 2022

Audited Financial Statements

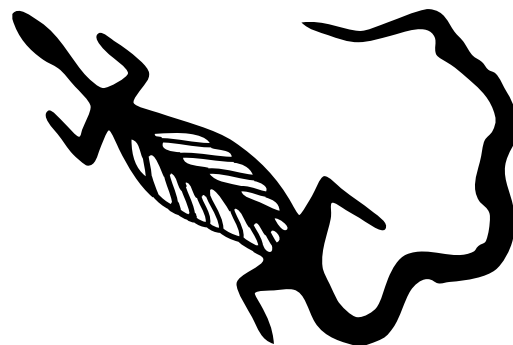


Gugan Gulwan's financial result for the year ended 30 June 2022 is a surplus of \$268,112 (2021 surplus: \$268,151). The audited Balance Sheet and Statement of Income and Expenditure for the years ended 30 June 2022 and 30 June 2021 are as follows:

For the year ended	30 June 2022	30 June 2021
	\$	\$
INCOME		
Grant income	2,489,688	2,591,721
Other income	96,347	188,262
COVID 19 Cash Boost	0	37,500
Total Income	2,586,036	2,817,483
EXPENDITURE		
Employee expenses	1,445,872	1,485,613
Transport and travel expenses	119,932	130,212
Program costs	365,538	538,567
Operating expenses	386,581	394,940
Total Expenditure	2,317,924	2,549,332
Surplus for the year	268,112	268,151

NOTE: The full financials are available on ORIC's website www.oric.gov.au

Balance Sheet



For the year ended	30 June 2022	30 June 2021
	\$	\$
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	1,457,740	1,175,513
Trade and other receivables	28,730	18,748
NON-CURRENT ASSETS		
Property, plant and equipment	136,611	163,107
Right of use asset for property lease	24,725	42,178
TOTAL ASSETS	1,647,807	1,399,546
LIABILITIES		
CURRENT LIABILITIES		
Trade and other payables	84,516	62,830
Lease liability	19,523	17,862
Provisions for employee leave	107,993	86,216
Grant income in advance	63,622	108,260
NON-CURRENT LIABILITIES		
Lease liability	8,464	28,803
TOTAL LIABILITIES	284,117	303,971
NET ASSETS	1,363,689	1,095,575
EQUITY		
Retained earnings	1,095,577	827,424
Current year surplus	268,112	268,151
TOTAL EQUITY	1,363,689	1,095,575

NOTE: The full financials are available on ORIC's website www.oric.gov.au



www.gugan-gulwan.com.au



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