



2020-2021  
Annual Report  
with  
2022 Calendar

**GUGAN GULWAN**  
YOUTH ABORIGINAL CORPORATION

# Who we are and what we do

Gugan Gulwan Youth Aboriginal Corporation was created to support young Aboriginal and Torres Strait Islander people in the ACT and surrounding regions to thrive and succeed. Our commitment is to protect, nurture and support children, youth and their families as they grow – from birth, through childhood, adolescence and into adulthood.

The mandate of Gugan Gulwan is twofold. The first is to work with, and through, our many partners to establish a system of services and supports that strengthen families and help those of our children and youth who are experiencing vulnerability. The second is to lead advocacy and effective policy development on issues that affect all Aboriginal and Torres Strait Islander children and youth.

Since its creation, Gugan Gulwan has built considerable expertise in the area of child and youth development. This focus on positive development informs our role as a champion and catalyst for the outcomes of all Aboriginal and Torres Strait Islander children and youth in our region.

Gugan Gulwan actively shares our expertise with others and works in partnership to create opportunities for the voices of children and youth to be heard across the sector and within government. Successfully carrying out these roles requires a workforce with a broad range of skills, including: case management; community engagement, counselling, direct service delivery; policy development; program design; systems design; program evaluation and oversight; partnership development; financial and capital management; human resources; information technology; information management and analytics; organisational development; and administration. While not always visible, each of these functions is crucial for serving our region's young people effectively and responsibly.

# Gugan Gulwan Strategic Plan 2021 - 2026

## Our Vision

Our vision is to continue to grow and be a place where every First Nations child, young person and adult has the best opportunity to heal, thrive, succeed and reach their full potential through our offerings of culturally safe prevention and early intervention support and programs which are guided by the needs of our ACT First Nations community.

## Our Aims

We will have achieved our vision when our First Nations children, young people, their families, and community:

- are able to heal and thrive
- have their voice heard and are able to express their narrative
- recognise their cultural strengths and resilience and have increased skills and opportunities to shape their future
- experience a high-quality, inclusive and culturally responsive service

## Our Purpose

We will enable our organisational purpose through working with the community, government and entrepreneurial stakeholders to:

- Be respected, heard and share the narrative of the needs of the ACT First Nations community
- Develop and implement policies, programs and a service system that provide the First Nations children, young people, family and community of the ACT with supports to strengthen cultural identity, heal from trauma and be culturally supported for positive futures
- Provide children and young people with opportunities to become culturally strong and thriving adults
- Enable family's easy access to services needed across all stages of a child and young person's life through prevention and early intervention programs

# Board of Directors 2020 - 2021

Position	Name
Chairperson	Robyn Martin
Deputy Chair	Ross Fowler
Secretary	Ginibi Robinson
Treasurer	Sel Cooper
Director	Paula McGrady
Director	Mark Farrow
Contact Officer	Kim Davison

## Staff who have left the organisation in 2020 - 2021

We would also like to

*Thank you*

for your service -

**Ashley Robson, Julene Ryan  
and Christine Uelese.**

# Staff 2019 - 2020

Name	Position	Section
Kim Davison	Executive Director	Management
Amanda Savle	Deputy Director	Management
Betty Callow	Operations Assistant	Management
Amber Bootle	Accreditation Officer	Administration
Malcolm Towney	Family Support Worker	Child, Youth & Family Support
Karla Wighton	Early Childhood Worker	Child, Youth & Family Support
Kathryn Williams	Youth Support Worker/Family Liaison Officer	Child, Youth & Family Support
Christine Uelese	Family Liaison Officer	Reconnect
Peter Williams	Family Liaison Officer	Reconnect
Dale Huddleston	Youth/Drug Alcohol Outreach Worker	Drug & Alcohol/Mental Health
Aliesha Cross	Dual Diagnosis Worker	Drug & Alcohol/Mental Health
Budda Connors	Mental Health & Wellbeing Outreach Worker	Drug & Alcohol/Mental Health
Jesse Coleman	Youth/Drug Alcohol Outreach Worker	Drug & Alcohol/Mental Health
Ashley Robson	Youth/Drug Alcohol Outreach Worker	Drug & Alcohol/Mental Health
Kayla Seden	Youth/Drug Alcohol Outreach Worker	Drug & Alcohol/Mental Health
Wayne Martin	Bus Driver & Youth Worker	Growing Healthy Families
Alyce Davison	Streetbeat Outreach Worker	Drug & Alcohol/Mental Health

# Staff Professional Development

QIC Health and Community Services Standards (QIC Standards) 7th edition - Advanced Session for Clients 29 July 2020

Motivational Mapping Staff Training 23 October 2020

National Principles for Child Safe Organisations Staff Training September to December 2020

Smart Work with Outlook 23 September 2020

Organisational Strategic Planning Days 10-12 February 2021

Canva Training 26 March 2021

Redicase Training commencing 14 May 2021

Cert IV in Alcohol and Other Drugs commenced March 2021

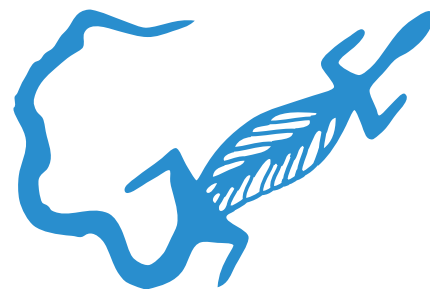


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**Gugan Gulwan**  
**Youth Aboriginal**  
**Corporation**





# Feedback 2020

“ They were absolutely amazing with support an assistance for my son and I ”

“ This is an essential service that provides a wonderful service ”



“ Deadly ”



“ It was a good experience, I never thought it was going to be as good as it was ”

“ Approachable, Respectful, Supportive. ”

“ Gives my boys opportunity to expand their learning of more of our culture ”

“ I'm so glad I got in contact with Gugan Gulwan, I honestly felt so alone in the community ”

“ The Cultural artwork at the front of the building clearly identifies Gugan Gulwan as an Aboriginal organisation. The cultural significance of the round table in the centre of the office, which signifies yarning circle and community coming together which is based on Gugan Gulwan's values and practices that everyone is welcome and come and have a yarn with us. ”

“ The cultural services and support Gugan Gulwan delivers to the ACT community is exceptional, every staff member goes above and beyond in supporting their clients and community. ”

“ I think it has everything a family needs - good job Gugan Gulwan ”





Christmas 2020

# January 2022

1st - New Years Day

SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON							
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# Chairperson's Report



Every year as I write up my Chairperson's report, I reflect on the year that has been for Gugan Gulwan Youth Aboriginal Corporation, for its employees and the community it serves.

Gugan Gulwan has continued to be innovative and committed to providing support that meets community need whilst being accountable to all funding agencies, stakeholders, and most importantly the wider First Nation's community. Gugan Gulwan has met increased demand for supports and services as the impacts of the ongoing COVID-19 health emergency continue to be realised.

There have been two definitive highlights over the last 12 months for the organisation.

- The ACT Government's announcement to commit \$10 million dollars to build Gugan Gulwan a fit for purpose building. This announcement has been long overdue and has created great excitement within the organisation.
- Gugan Gulwan development of their new organisational Strategic Plan 2021-2026 that articulates the commitments and platforms of the Organisation as it seeks to be an organisation that supports and enables children, young people and their families to have increased positive outcomes across all life domains.

As a Board our fundamental function is to ensure the ongoing governance of the organisation is robust and effective with overarching support to meet the strategic directions of the organisation.

Gugan Gulwan Board, and staff live and work within and for the community. We are committed as individuals, and as an organisation to be responsive, accountable, and meet community need.

Many challenges and successes have occurred over the last 12 months across all organisational levels including the adaption and innovation in service delivery, increased demand for supports and services, systemic advocacy, and sustainable positive outcomes for clients and the wider community.

Every year I am amazed and feel blessed to contribute to an organisation that is so dedicated to improving outcomes for all First Nation's young people and their families.

I would like to give recognition and thanks to the Executive Director and Deputy Director for their strong leadership and ongoing commitment.

I would like to acknowledge the staffing team as they continue to demonstrate their passion and dedication.

I would like to pass on my gratitude to my fellow Board members for their input and contribution as we support the governance of Gugan Gulwan.

Robyn Martin  
Chairperson





Gugan Gulwan Staff Planning Day 2021

# February 2022

13th - Anniversary of The Apology

TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON
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# Executive Director's Report



The past year has been the most challenging time in recent memory for our organisation, Board, employees and of course the community which we serve. Coming out the other side of COVID-19 health emergency proved very difficult with a significant number of issues presenting in the second half of 2020. Our business continuity plans, and our operational excellence enabled us to limit the effects of the health emergency and continue to meet the critical needs of our clients, families, and community.

Within the 20/21 financial year, the Canberra community was fortunate to return to relative normality within a short time frame. This did not however, lessen the effects of COVID-19 on our Organisation and the community. Special care and consideration were given to ensure that the wellbeing and safety of not only the staff but those who we service was at the forefront of all decisions moving forward.

There were some great achievements within the financial year, such as:

- Announcement of funding for a new fit for purpose facility for Gugan Gulwan
- 2021-2026 Strategic Plan

- Client outcomes were rewarding and a direct testament to the dedicated staff
- Ongoing collaborative partnerships

I am grateful to the Board and my extended senior management team and all staff for their commitment and support during 2020/2021. There have been unprecedented challenges, but Gugan Gulwan has showcased its ability to be a competent, vital, and reliable First Nation's organisation, with a clear focus and stellar team dedicated to delivering excellence to the community which we serve.

I look forward to what next year will bring – we are ready for the challenges, as we will continue to build and navigate new pathways and opportunities.

*K. Davison*

Kim Davison  
Executive Director



Gugan Gulwan Our Community

# March 2022

14th - Canberra Day

TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU							
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# Gugan Gulwan and Covid-19



It is a testament to the strength, passion, tenacity and commitment to our Board of Directors, Executive Director, Deputy Director, and staff that Gugan Gulwan has met and continues to meet the unprecedented challenges the health pandemic and associated impacts on our First Nation's community.

Gugan Gulwan has continued to meet the increased demand for services and support as the health emergency continues to unfold locally and nationally. We have worked within the consortium of organisations making up the Canberra Relief Network to be an access and distribution point for essential items.

Gugan Gulwan established a COVID-19 Community Assistance Program in response to community need that included the provision of food, cleaning products, internet and communications devices and skip bins for waste removal.

Gugan Gulwan has been strong in advocating to the ACT Education Directorate regarding the re-engagement of our First Nation's young people in their education including identifying strategies and pathways that will support our young people.

A vital and critical component of any qualitative organisation is the ability to effectively plan, develop and respond to community (and funding requirements) that support the delivery of current programs and forecast future needs. This has never been more relevant with the ongoing health pandemic and being able to effectively adapt and deliver services that meet community need.

Gugan Gulwan, recognises we need to consolidate and filter external demands for service by looking at our capacity, demand and or value add to the organisation and wider community. We cannot be a service to all people and or agencies for all things.

The last 12 months has demonstrated the resilience and strength of our organisation and showcased our ability to adapt to change: when the changes were largely unknown.

Gugan Gulwan Youth Aboriginal Corporation is creative, innovative, and unique organisation that recognises and remains accountable to our greatest stakeholder **our community**.





# April 2022

15th - Good Friday, 16th - Easter Saturday,  
17th - Easter Sunday, 18th - Easter Monday, 25th - ANZAC Day

FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT							
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# Young Men's Mentoring Group



Gugan Gulwan's Young Men's Mentoring Group (YMMG) is a highly sought-after program, with an extensive waiting list, for young men aged between 8-12 years. There were **30 sessions** delivered.

The Young Men's Mentoring Group has an Early Intervention approach to Young Men's Mental Health. A significant number of the young men that participate in the program are disconnected from family, culture, and community. As a result, they often suffer with a loss of identity. The ongoing impacts of transgenerational trauma cannot be underrated and are often witnessed in this group as "challenging" behaviours. Strategies and ways of managing strong emotions are taught and role modelled by program staff and mentors in culturally safe and appropriate ways.

An invaluable part of the program is having young men as they transitioned out of the target age range to return to the YMMG program as a mentor for the current young men participating. The mentors role model and demonstrate healthy relationships and communication. The mentors provide their own unique insight and experience as to how the program supported and benefitted them.





# School Holiday Program 2020 - 2021

Gugan Gulwan's School Holiday Program 2020 - 2021

## May 2022

26th - National Sorry Day, 27th May - 3rd June Reconciliation Week

SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE							
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# Group Programs

## **Gugan Gulwan School Holiday Program**

The Gugan Gulwan school holiday program continues to be a in demand program for young people and their families. The program continues to focus on providing activities and support to young people that deliver learning, culture knowledge and practice, social and emotional wellbeing, healthy relationships and, of course, recreation in two fun filled weeks each holiday period.

96 young people participated in the program.

A unique component to our school holiday program is the opportunity provided for young people aged 16 years and over to participate in the delivery of the school holiday program as an assistant/mentor on the program. The young people on the program have scheduled hours, program responsibilities, supervision and engagement of young people and need to provide evidence of WWVP status. All program assistants are a highly valued resource. Being an assistant on the program supports young adults develop and manage responsibilities whilst providing tangible work experience.

## **Gugan Gulwan Tutoring Program**

The Gugan Gulwan is an individualised program of support for young First Nations students that supports their ongoing engagement in school, individual learning and builds self-confidence in the student's learning journey. All students on the program receive 10 x 1-hour sessions facilitated by Canberra Tutoring.

55 young people accessed this program in the 12-month period.

## **Gugan Gulwan Drop In Music Program**

The Gugan Gulwan Music program is designed to engage and support First Nations young people in the ACT region who have an interest or passion for music. The music program is for young people at elemental or intermediate levels. The program provides a range of musical instruments with ongoing music tuition and performance opportunities.

The Gugan Gulwan Music program has attracted a range of musicians/tutors wanting to support the young people accessing this program including but not limited to Program Coordinator Dale Huddleston, Stewart Barton, ANU School of Music, and other community members who provide mentoring and specific instrument tuition. The Gugan Gulwan Music Program regularly perform at community and school-based events across the ACT region.

The demand for the Music program has grown over this reporting period and we have expanded instrument tuition to include piano and ukulele with additional tutor's from ANU School of Music supporting the increased demand.

32 music sessions have been delivered.



Gugan Gulwan Parenting Our Way Program

# June 2022

3rd - Mabo Day, 11th - Queen's Birthday

WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU
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# Gugan Gulwan Parenting Our Way Program



The Gugan Gulwan Parenting Our Way program is delivered to parent/carers of First Nations children within the community.

The program provides opportunities for families to engage in the learning and development of life skills, group activities and educational information sessions with themed sessions delivered by subject matter experts. Participants in this program receive practical parental support, advice and information on issues affecting them. The program is delivered in an environment that is safe, free from judgement and culturally sensitive.

Themed sessions facilitated included:

- COVID-19 information and resources -addressing social and emotional wellbeing, and community needs
- “How to” Home Maintenance sessions - covering wall repairs, painting, changing locks, and flyscreen repairs with Programmed ACT
- 50 Father’s Day Gift Packs - delivered to men in the community as a special way of recognising their contribution and strengths to their families and wider community. The Father’s Day gift packs were warmly received and were an unanticipated but welcome surprise for many.
- Legal Aid ACT presented on Family Law matters, housing/maintenance issues/disputes as well as employment, and discrimination.
- The ‘Future Friendly Team’ (who are working with the ACT Government) to identify ways to reduce the barriers people face accessing government services. The key services raised were:
  - Working with Vulnerable People (WWVP) registrations and (in future)
  - National Disability Insurance Scheme (NDIS) worker screening requirements
  - Driver’s licence
  - Concessions
- Jeff Morgan -Health and Wellbeing, Consultant, Nutritionist and Mentor delivered community workshops covering nutrition, exercise, lunch box ideas in collaboration with Gugan Gulwan and Tuggeranong Child and Family Centre to the Koori Preschools across the ACT
- ACT Fire and Rescue and Programmed ACT community workshop to address and provide information on fire safety awareness in the home including the safe use of appliances, heater, dryers and checking of smoke detectors.





# July 2022

3rd – 10 July NAIDOC Week

Gugan Gulwan Our Community

FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN							
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## Functional Family Therapy-Child Welfare (FFT-CW)

- The Functional Family Therapy-Child Welfare (FFT-CW) program partnership between Gugan Gulwan and OzChild continues to build and expand. The FFT-CW program commenced in November 2018 and works with the whole family unit to address and reduce risks associated with children being removed into the out of home care system.
- Gugan Gulwan invests a significant amount of time preparing families for FFT-CW before the referral is sent to the team for intake. This includes (but isn't limited to) engaging families and promoting the program and OzChild.
- On average families work within the program for 4-9 months. From 1 July 2020 to 30 June 2021, 49 families were referred to FFT\_CW intake.

## Therapeutic Counselling Outreach Program -Relationships Australia

Gugan Gulwan in partnership with Relationships Australia Dhulung Yarra Program provide male and female counselling services to young people that addresses and recognises young men and women's challenges or concerns in an environment that is culturally safe.

22 young people were engaged in counselling over the 12-month period, with 132 individual counselling sessions completed.

Group Programs	Young People Attended	Sessions Delivered
Young Men's Mentoring Group	300	30
Young Women's Mentoring Group	310	31
Drop In Music Program	320	32
Streetbeat Youth Outreach Program	1286 sexual health packs	45
Drop In Program	1199	104
Lunch Program	780	-
Community Arts Program Including AMC, Bimberi and Clontarf	494	38
Tutoring Program	55	550
Parenting Our Way Program	200	13
Back to School Packs	250	-
COVID-19 Community Support Program	278	278
School Uniform Assistance Program	90	90
Gugan Gulwan - Canberra Relief Network	77	-







Gugan Gulwan Youth Week 2021

# August 2022

4th - National Aboriginal and Islander Childrens' Day,  
 9th - International Day of the World's Indigenous People

MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED							
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# Gugan Gulwan Events

## **Gugan Gulwan NAIDOC Awards and Children's Disco 2020**

Due to the ongoing health emergency Gugan Gulwan did not host our annual NAIDOC Youth Awards and Children's Disco in 2020.

## **First Nations Children's Day 2020**

Gugan Gulwan celebrated National First Nations Children's Day on 4th August by coordinating celebratory visits throughout the week to the Koori preschools across the ACT to join in on this important day.

All the young children at the Koori Preschools across the ACT received a SNAICC First Nations Children's Day bag containing cardboard animals, Indigenous seeds, activity sheets, crayons and a book donated by the Indigenous Literacy Foundation.

Gugan Gulwan delivered special cupcakes to all the children and enjoyed sharing culture and yarns with our young people.

## **Gugan Gulwan R U OK Day**

Gugan Gulwan acknowledged R U OK Day on the 10 September by hosting a community R U OK BBQ. Gugan Gulwan recognises that 2020 has brought unprecedented challenges to all of us, but a significant impact has been people's ongoing mental health and wellbeing.

Gugan Gulwan wanted to provide the community an opportunity to come and sit have a conversation in an environment that was culturally safe, supported and non-judgemental.

Gugan Gulwan provided mental health resources to community members and followed up on what to say after asking R U Ok? The R U OK BBQ was well received with over 70 community members in attendance including students from Erindale College and CIT.

## **Gugan Gulwan Youth Week Event 2021**

On Thursday 1st of April 2021, Gugan Gulwan delivered a Youth Week event for our First Nation's young people, and wider community members.

The event was well attended and included a variety of activities, and competitions including a jumping castle, face painting, Cultural Questionnaire for young people (with prizes), Easter Egg Jar guessing competition, movie tickets, 3 on 3 basketball competition.

Winnunga Nimmityjah AMS, and the AFP Aboriginal Liaison Officer attended the event as stall holders and promoted programs and service to the community.

The special guests of the day were some of the Brumbies players attending and participating in the 3 on 3 basketball competition with the young people. The basketball competition was action packed and hotly contested by the participating teams and was exciting to watch.

A community BBQ lunch was provided with over 60 community members in attendance.

# Young Women's Mentoring Group 2020 - 2021



Young Women's Mentoring Group 2020 - 2021

## September 2022

8th - RU Okay Day

THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI							
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# Young Women's Mentoring Group



31 sessions were delivered with an average of 10 participants attending each week.

The Gugan Gulwan Young Women's Mentoring Group (YWMG) is for young First Nation's women between the ages of 12-15 years. The program is holistic in design and provides opportunities for the young women to engage in learning life skills, participate in group activities and educational information sessions. A core foundation of the program is cultural knowledge, learning and practice as this helps the young women to grow and instils further understanding and pride in their culture, history, and themselves. The young women in this program develop a deeper understanding of relevant contemporary issues affecting them, the ability to self-advocate and to improve their own personal development/identity in an environment that is safe, free from judgement and culturally sensitive.

A vital part of the program is having past participants return to the program as mentors. The mentors role model and demonstrate healthy relationships and communication. The mentors provide their own unique insight and experience to current participants as to how the program supported and contributed to their own development.

To address and support the young women a tailored program of educational sessions and physical activities was developed in consultation with the young women.

An exciting achievement of the YWMG was being provided the opportunity to be involved with the Boots for a Brighter Future Program through the Cultural Choice Association in collaboration and partnership with the NRL Canberra Raiders. This Boots for a Brighter Future Program raises awareness and support for the prevention of First Nations Youth Suicide and Mental Health. The YWMG designed and painted football boots which were worn by players during the annual NRL Indigenous Round and were later auctioned with a percentage of all proceeds being gifted to the Boots for a Brighter Future program. A special highlight of this opportunity was the YWMG meeting and painting the football boots with some of the Canberra Raiders players.

Program content included in this period:

- Nutrition and Healthy Lifestyle workshops with subject matter expert Jeffrey Morgan,
- Art, Dreamtime and Cultural Artefacts Sessions/Lessons/ Practice,
- Sexual Health Information Sessions-SHFPACT,
- Boots for a Brighter Future Program,
- Designing own clothing for the Young Women's Mentoring Group,
- Mother's Day Gifts,
- Living skills-cooking, hygiene, healthy communication, etc







# Suicide Prevention

## It's Everybody's Business



Gulan Gulwan Youth  
Aboriginal Corporation  
6296 8900  
gulan-gulwan.com.au



Winnunga Nimbitjah  
Medical Centre  
6284 6222  
winnunga.org.au



ACT Health Website  
www.health.act.gov.au

Suicide Prevention Campaign 2021

# October 2022

4th - Labour Day

SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON							
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# Case Management

Gugan Gulwan case management services are delivered across three sections within the organisation Child, Youth and Family Support Team, Drug and Alcohol/Mental Health Team and Reconnect Team. Each team works in collaboration to provide overarching case management and support to clients.

The Child, Youth and Family Support Team is made up of a 1 x Early Childhood Worker, 1 x Youth Worker and overarching Family Support Worker.

The Drug and Alcohol and Mental Health Team is made up of 3 x Drug and Alcohol Outreach Workers with one dedicated position to the delivery of programs in AMC, Bimberi, Ted Noffs, Burrunju Art Gallery, Yass and Queanbeyan schools.

The Mental Health team is comprised of a Dual Diagnosis Worker and Social and Emotional Wellbeing Worker that deliver service and case management to client experiencing co-morbid conditions.

The Reconnect team includes two Family Liaison Officers that provide case management and outreach to young people and their families aged between 12-18 years that are at risk of homelessness or disengagement from their education.

163 families were case managed over the 12-month period.

## Mental Health

An identified gap in service for our First Nations young people in the ACT and surrounding regions is a culturally appropriate mental health application that allows young people to seek help and information for mental health supports that is culturally safe and considered. Gugan Gulwan in April 2021 contracted a media development company to develop a web and mobile application for this purpose with the aim of launching the application to coincide with our R U Ok day event in September 2021.

Gugan Gulwan in 2021 reviewed and developed new mental health promotional/information resources with the theme "It's OK to talk about it" including: Posters, Mental Health folding Information Cards, Sherpas/Bandanas, Laptop Covers, Mousepads, and Air Fresheners.

### **Gugan Gulwan Sports Assistance Program**

Sport plays an important role in our communities by promoting social inclusion, cohesion, healthy lifestyles, individual and community wellbeing. Financial affordability is one of the key barriers to participation for First Nation's young people wishing to join sporting clubs. The Gugan Gulwan Sports Assistance Program commenced in March 2021 and has supported 11 young people in sport participation.

### **Jeff Amatto - More Cultural Rehabs Less Jail Workshops**

Over two days in May 2021 Gugan Gulwan facilitated the delivery of workshops with Jeff Amatto for young people in NSW and ACT.

Jeff Amatto shares his story of addiction, incarceration, recovery, and survival within a cultural and spiritual framework.

The workshops were highly successful and engaged "hard to reach" target audience with over 50 young people attending these workshops.

### **National Sorry Day Event for Community 26th May 2021**

Gugan Gulwan supported the delivery and participated in the National Sorry Day Community event held on the 26 May 2021 at Boomanulla Oval. The event included trauma informed information sessions, men's and women's business, cultural practices, and community discussions.





National Aboriginal and Torres Strait Islander Children's Day 2020

# November 2022

TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30



# Gugan Gulwan Stakeholder Evaluations

Gugan Gulwan purposefully seeks feedback from all stakeholders and undertakes bi-annual stakeholder evaluations and or at the completion of program and or case management services.

Gugan Gulwan is committed to be a learning organisation and continuously seeks to improve.

In November 2020 and May 2021 Gugan Gulwan undertook stakeholder evaluations that were promoted and distributed via email, text message, social media, website and hardcopy.

The result from the evaluations are analysed and collectively reviewed by the organisation. Opportunities for improvement are identified, with strategies and associated performance measures developed to monitor and support implementation.

Organisational feedback is highly valued and welcomed as it provides direct insight into how programs and services are meeting the needs of the community we serve. See below data summary from evaluations received.

**91%** were current clients of Gugan

**83%** received a benefit from working/interacting with Gugan Gulwan

**70%** rated the service they received from Gugan as excellent

**10%** rated the service they received from Gugan as above average

**92%** stated they feel Gugan Gulwan works with other community organisations/agencies and government entities to meet the needs of the people and the community it serves

**95%** percent would recommend Gugan to others



## Gugan Gulwan Supporters

Gugan Gulwan Youth Aboriginal Corporation is extremely grateful and humbled to be thought of every year and given donations or in-kind support. Gugan Gulwan thanks everyone who supports our organisation and the ongoing delivery of programs and services. A number of our donations are received anonymously, and we also wish to give our thanks to the individuals and or organisations that support us.

This year we would like to acknowledge and give thanks to:

- Canberra and Region Quakers,
- Callida Indigenous Consulting,
- Hands Across Canberra
- Kiri Backhouse,
- JACS OP,
- Kelly Maree Carr,
- Canberra Smart Centre
- GIVIT

*Thank You*



# Christmas 2020



Gugan Gulwan Christmas Delivery 2020

# December 2022

10th - Human Rights Day, 25th - Christmas Day, 26th - Boxing Day

THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

# Gugan Gulwan and Winnunga Nimmityjah Christmas present delivery

Gugan Gulwan, in collaboration, with Winnunga Nimmityjah decided due to ongoing restrictions related to the current health pandemic decided in 2020 we would not hold a joint Children's Christmas Party for the community.

However, both organisations were committed to spreading some Christmas cheer and positivity by Santa doing delivering presents across the community for our young people aged 0-16 years.

Over 420 registrations for children's gifts were received and delivered across the ACT, Queanbeyan, Yass, Carwoola and Bungendore. Over the 7-10 December 2020, Gugan Gulwan and Winnunga staff with help from Santa and his elves delivered the presents across ACT and surrounding region.

This was a very much welcomed initiative from the community as many families were experiencing additional hardship and young people and their families were overwhelmed to have their own special time with Santa. This was an extremely rewarding event for staff and community.

Christmas Hampers including fresh fruit and vegetable, meat vouchers along with pantry items were delivered to 70 Case Managed families and elders with a further 20 families and elders receiving meat and grocery vouchers.

# Food from Home project

Gugan Gulwan conducted an online survey In April 2021 on nutrition, concerns and or issues relating to providing healthy foods/meals option including school-based lunches for their school aged children.

Gugan Gulwan Child, Youth and Family Support Program worked in partnership with the Tuggeranong Child and Family Centre to facilitate and deliver a Healthy Lunch Box program with subject matter expert Jeffrey Morgan, Health and Wellbeing Consultant, Nutritionist and Mentor.

The purpose and aim of the Healthy Lunchbox program was to provide information, tools, ideas and ways to encourage healthy eating within the early years of childhood, and how to manage fussy eaters.

The promotion of the program and sessions was delivered through a variety of mediums including via ACT Education Directorate, school newsletters, emails, SMS mass texting, social media, posters/ flyers, social media platforms and stakeholders.

Jeffrey Morgan with support from Gugan Gulwan and Tuggeranong Child and Family Centre delivered a number of healthy foods, lifestyle and nutrition sessions across the ACT including:

- Gugan Gulwan staffing team
- Lunchbox and nutrition sessions to students, parent/carers and staff across three Koori preschools in the ACT
- Community session at Gugan Gulwan
- Gugan Gulwan Young Men's and Young Women's Mentoring Group

Each participant who attended the workshops was provided with the Healthy Lunch box options, with ideas to pack their child lunches including recipes, meal preparation guides, the seven steps guide to eating healthy. To further support this initiative healthy eating boxes of fresh fruit were made available at each session for participants to take with a \$50 Woolworths essential voucher to assist them in their journey towards increased healthier lifestyles and food intake.



# A Letter to Our Community...



BE INTENTIONALLY  
KIND, REMEMBER TO  
BE GRATEFUL AND  
SHARE OUR RESPECT



It is our greatest privilege at Gugan Gulwan that we get to meet you, and at times share your journey. We feel honoured to watch children and young people grow as they transition into adulthood. We love to see generations come through our service and contribute to these beautiful smiles, laughter, and unique personalities with all the staff at Gugan Gulwan.

As a community we need to remember to not silo and prioritise our own needs. We all have own hardships and sorrow.

We need to remember to be *intentionally kind*, to not only be kind when it is easy to be, but to be kind when at times it is hard to be.

We need to be grateful; grateful means acknowledging all the positive things or people in your lives whether they are tangible or intangible. Being grateful helps find positive emotion, instils inspiration, and helps us face daily challenges.

We are blessed to have our families, friends, and community. We are blessed that we in the ACT we have four seasons. We are blessed that we have nature and country on our doorstep.

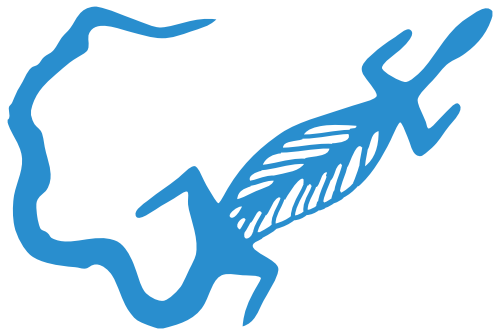
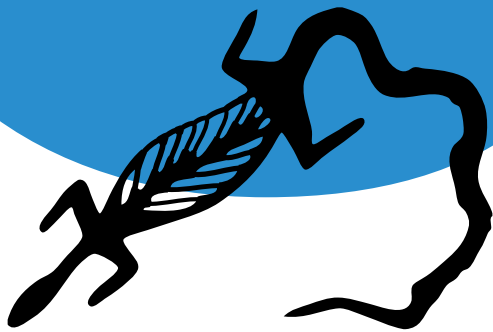
We need to care for each other more; not just as individuals, families, but as a community.

Gugan Gulwan needs our community to care and be intentionally kind to us, as we are to you; we need you just as much as you need us!!

The last 18 months have brought many significant challenges for our community, and there will be more challenges ahead but if we can be *intentionally kind, remember to be grateful and share our respect* then we will be our stronger and better community for it.



# Treasurer's Report



I am pleased to present the Financial Statements for the year ended 30 June 2021 for Gugan Gulwan Youth Aboriginal Corporation.

During the 2020-2021 financial year the organisation continued to face the enormous challenges of the impact of COVID-19. The organisation showed immense dedication and commitment to the community during a time of increased need. The organisation continued to maintain a strong financial position while renewing the Strategic Plan guided by the Board. This has been achieved by being flexible and responsive with service delivery while continuing to display organisational excellence in extremely difficult times.

Gugan Gulwan's full audited financial statements for the year ended 30 June 2021 are available on the website of the Office of the Registrar of Indigenous Corporations (ORIC) and upon request.

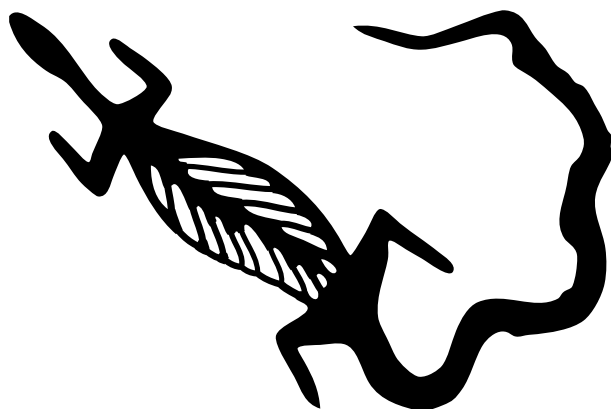
I would like to thank the Executive Director Kim Davison, Deputy Director Amanda Savle, MYOB Consultant Marie Roach and Kelli Lawton of Cosgrave Soutter for their ongoing Financial Management and reporting for Gugan Gulwan.

I would also like to thank KPMG who have continued as Gugan Gulwan's Auditor for the year ended 30 June 2021.

A handwritten signature in black ink, appearing to read 'Sel Cooper'.

Regards,  
Sel Cooper  
Treasurer

# Audited Financial Statements



Gugan Gulwan's financial result for the year ended 30 June 2021 is a surplus of \$268,151 (2020 surplus: \$236,087).

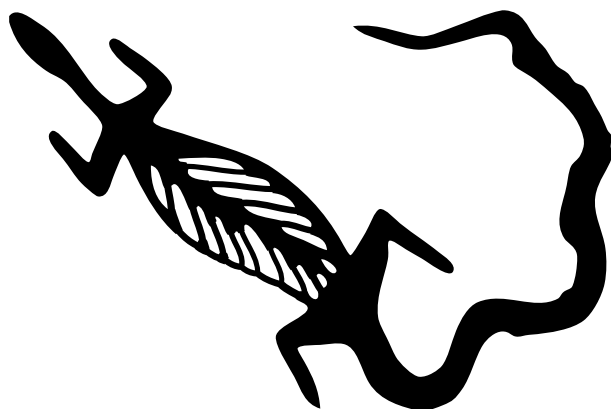
The audited Balance Sheet and Statement of Income and Expenditure for the years ended 30 June 2021 and 30 June 2020 are as follows:

	2021	2020
	\$	\$
<b>INCOME</b>		
Grant income	2,591,721	2,270,599
Other income	188,262	57,796
COVID 19 Cash Boost	37,500	62,500
<b>Total Income</b>	<b>2,817,483</b>	<b>2,390,895</b>
<b>EXPENDITURE</b>		
Employee expenses	1,485,613	1,446,028
Transport and travel expenses	130,212	135,638
Program costs	538,567	284,200
Operating expenses	394,940	288,942
<b>Total Expenditure</b>	<b>2,549,332</b>	<b>2,154,808</b>
<b>Surplus for the year</b>	<b>268,151</b>	<b>236,087</b>

**NOTE:** The full financials are available on ORIC's website [www.oric.gov.au](http://www.oric.gov.au)



# Balance Sheet



	2021	2020
	\$	\$
<b>ASSETS</b>		
Cash and cash equivalents	1,175,513	1,029,695
Trade and other receivables	18,748	12,500
Property, plant and equipment	163,107	138,244
Right of use asset for property lease	42,178	59,632
<b>Total Assets</b>	<b>1,399,546</b>	<b>1,240,171</b>
<b>LIABILITIES</b>		
Trade and other payables	62,830	79,674
Lease liability	46,665	64,527
Provisions for employee leave	86,216	80,129
Grant income in advance	108,260	188,417
<b>Total Liabilities</b>	<b>303,971</b>	<b>412,747</b>
<b>NET ASSETS</b>	<b>1,095,575</b>	<b>827,424</b>
<b>EQUITY</b>		
Retained earnings	827,424	591,337
Current year surplus	268,151	236,087
<b>TOTAL EQUITY</b>	<b>1,095,575</b>	<b>827,424</b>

**NOTE:** The full financials are available on ORIC's website [www.oric.gov.au](http://www.oric.gov.au)









**Gugan Gulwan Youth Aboriginal Corporation**

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