

GUGAN GULWAN

YOUTH ABORIGINAL CORPORATION



2018 Calendar &
2016 - 2017 Annual Report





Gugan Gulwan Youth Aboriginal Corporation has signed and committed to implement the statement of Intent to the Family Matters - kids safe in culture, not in care which is Australia's national campaign to ensure Aboriginal and Torres Strait Islander children and young people grow up safe and cared for in family, community and culture. Family Matters aims to eliminate the over-representation of Aboriginal and Torres Strait Islander children in out-of-home care by 2040.

We hereby commit to the following principles and actions:

- Principle 1:** Applying a child focussed approach
- Principle 2:** Ensuring that Aboriginal and Torres Strait Islander people and organisations participate in and have control over decisions that affect their children
- Principle 3:** Protecting Aboriginal and Torres Strait Islander children's right to live in culture
- Principle 4:** Pursuing evidence based responses
- Principle 5:** Supporting, healing and strengthening families
- Principle 6:** Challenging systemic racism and inequities

Family Matters is led by the Secretariat of National Aboriginal and Islander Child Care and supported by a Strategic Alliance of over 120 Aboriginal and Torres Strait Islander and non-Indigenous organisations.

WHO WE ARE AND WHAT WE DO

Gugan Gulwan Youth Aboriginal Corporation was created to support the young Aboriginal and Torres Strait Islander people in the ACT and surrounding regions to thrive and succeed. Our commitment is to protect, nurture and support children, youth and their families as they grow – from birth, through childhood, adolescence and into adulthood.

The mandate of Gugan Gulwan is twofold. The first is to work with, and through, our many partners to establish a system of services and supports that strengthen families and help those of our children and youth who are experiencing vulnerability. The second is to lead advocacy and effective policy development on issues that affect all Aboriginal and Torres Strait Islander children and youth.

Since its creation, Gugan Gulwan has built considerable expertise in the area of child and youth development. This focus on positive development informs our role as a champion and catalyst for the outcomes of all Aboriginal and Torres Strait Islander children and youth in our region.

Gugan Gulwan actively shares our expertise with others and works in partnership to create opportunities for the voices of children and youth to be heard across the sector and within government. Successfully carrying out these roles requires a workforce with a broad range of skills, including: case management; community engagement, counselling, direct service delivery; policy development; program design; systems design; program evaluation and oversight; partnership development; financial and capital management; human resources; information technology; information management and analytics; organisational development; and administration. While not always visible, each of these functions is crucial for serving our region's young people effectively and responsibly.

GUGAN GULWAN STRATEGIC DIRECTION

VISION

An ACT/New South Wales (NSW) region where all Aboriginal and Torres Strait Islander children and young people have the best opportunity to succeed and reach their full potential.

MISSION

Gugan Gulwan will work with government, community and entrepreneurial stakeholders to develop and implement policies, programs and a service system that help give Aboriginal and Torres Strait Islander children in our region the best possible start in life, prepare youth to become competent adults and make it easier for families to access the services they need at all stages of a child's development.

PRINCIPLES

Child and youth-centred: We put children and youth at the centre of everything we do.

Responsive: We respond and adapt to the complex and evolving needs of Aboriginal and Torres Strait Islander young people.

Inclusive: We reflect diversity and support inclusion in all that we do.

Collaborative: We reflect diversity and support inclusion in all that we do.

Outcomes-driven: We foster the best outcomes for children and youth through evidence and data.

Accountable: We plan and act to honour the public's trust and confidence in our work.

GOALS

1. Children and youth are resilient
2. Children and youth have skills and opportunities needed to shape their future
3. Children and youth have a voice
4. Children and youth experience high-quality, responsive services

LEGACY PLATFORM FOR THE FUTURE

Foundation 1: Healthy, skilled and inspired employees

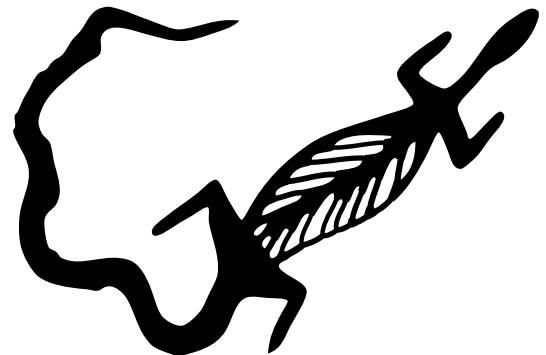
Foundation 2: Knowledge and information management

Foundation 3: System stewardship and partnership

Foundation 4: Robust internal controls and resource oversight

Foundation 5: Leadership and innovation at all levels

Foundation 6: Establishing an entrepreneurial approach to our work



CONTENTS



	Staff and Board of Directors
JANUARY	Chairpersons' Report
FEBRUARY	Executive Director's Report
MARCH	Informed Service Delivery
APRIL	Reconnect Service
MAY, JUNE, JULY	Drug and Alcohol Program
AUGUST	NAHA – Supported Assistance Program
AUGUST, SEPTEMBER, OCTOBER	Child, Youth and Family Service Team
NOVEMBER	NDIS outreach service
DECEMBER	Days of Significance
	Treasurer's Report
	Audited Financial Statements



Gugan Gulwan
Youth Aboriginal
Corporation



BOARD OF DIRECTORS 2016/2017

DIRECTOR/Chairperson	Joanne Lesiputty
DIRECTOR/Deputy Chairperson	Robyn Martin
DIRECTOR/Secretary	Paula McGrady
DIRECTOR/Treasurer	William Collins
DIRECTOR/Members	Tracey Whetnall Ross Fowler
DIRECTOR/Members	Ross Fowler
Contact Officer (Executive Director)	Kim Davison



STAFF 2016/2017

Executive Director	Kim Davison
Deputy Director	Amanda Savle
Executive Assistant	Betty Callow
Family Support Worker	Malcolm Towney
Early Childhood Support Worker	Karla Wighton
Youth Worker	Peter Williams
Drug & Alcohol Outreach	Aliesha Cross
Drug & Alcohol Outreach	Dale Huddleston
Dual Diagnosis Worker	Suzanne Fatnowna
Outreach Mental Health Worker	Sarah Patrick
Reconnect Family Liaison Officer	Christine Uelese
Reconnect Family Liaison Officer	<i>Vacant</i>
Team Support Worker	Brendan Richards
Team Support Worker	Amber Bootle

Staff who have left the organisation in 2016 -2017

We thank you for your service

Eddie Longford	Emma Cutmore	Steven Kennedy
Josh Matavesi	Nick Hawley	Kieralea Baxter



Gugan Gulwan hat & didgeridoo

JANUARY 2018

1st New Years Day

MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

CHAIRPERSON'S REPORT

Again, I am pleased to present to you Gugan Gulwan Youth Aboriginal Corporation Annual Report for 2016/17. The corporation continues to commit to assist young people and their families achieve balance in their lives by providing quality services that supplement strong developmental and nurturing skills through an array of broad programs.

As usual, the past year has been a busy and productive year for the organisation including the launch of the 2016-2020 Strategic Plan. The Board of Directors in conjunction with a supporting Aboriginal and Torres Strait Islander consultant have developed the plan and continue to monitor the organisation's actions throughout the year reinforcing key priorities to Engage – Participate – Grow. I am pleased to confirm that the organisation is on track in delivering the objectives outlined in the Strategic Plan and has already made substantial movement in various areas. Key highlights include:

- Moving towards QIP Accreditation
- Strengthening of financial controls engaging expert MYOB Consultant and Cosgrave Soutter Accounting firm
- Appointment of HR practitioner and Lawyer
- Early intervention
- Sound governance

Gugan Gulwan continues to engage with ACT Government to secure a larger superior premises to accommodate for the ongoing demand of the Aboriginal and Torres Strait Islander community members accessing services in a central and safe environment. Our client numbers have increased since our last year's report showing the organisation are expected to provide maximum service delivery with limited space. The Aboriginal and Torres Strait Islander Elected Body have supported the concerns and

views that are at play and have agreed to be a sound advocate for the organisation to the ACT Government on this problematic issue. It goes without saying that our Executive Director, Mrs Kim Davison has again continued to lead the organisation through a successful but challenging and trying year. Mrs Davison's devotion and diligence has ensured that all financial reports, move towards accreditation, legal obligations and contract transactions have been met, aligning with priorities within the Strategic Plan.

The year ahead will no doubt present challenges. The Board has every confidence that Gugan Gulwan Youth Aboriginal Corporation will continue to meet these challenges with the passion and commitment it has shown to young people, their families and the services that support them.

I would like to thank my fellow Board members, Robyn Martin, Paula McGrady, Bill Collins, Ross Fowler and Tracy Whetnall for their support, expertise, dedication and governance throughout the year.

Joanne Lesiputty
Chairperson





FEBRUARY 2018

Odyssey house presentation on Ice

13th Anniversary of The Apology

THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28

EXECUTIVE DIRECTOR'S REPORT

It gives me great pleasure to present the 2016/17 Annual Report. Gugan Gulwan is a unique, culturally focussed organisation that continually reflects and tailors our service delivery to the communities' direct needs. This report will highlight the positive outcomes that as an Organisation, we have all achieved.

Gugan Gulwan launched its new Strategic Plan and is now committed to the implementation of the plan – Engage. Participate. Grow. 2016-2020. This will be achieved by concentrating primarily on early intervention being at the forefront of our service delivery.

Together we can continue to effect change to make a lasting difference. Without the board, dedicated staff and key stakeholders we cannot be part of the solutions to reverse shocking statistics. We will continue to advocate for change at a systems level to promote inclusion and fairness to every Aboriginal and Torres Strait Islander child and their families in the ACT.

There have been many highlights throughout the year through intensive case management, culturally focused group programs with high participation to the celebration of major events such as Youth Week, NAIDOC week, R U OK day and National Aboriginal and Islander Children's day. Our Christmas party for the community was certainly enjoyed by all who attended. A healthy lunch box session with the community was combined with a joint community day with Winnunga Nimmitjiah to meet the Opposition Aboriginal Affairs Minister, Mr James Milligan. I was touched by the community information day on drug and alcohol issues within our community led by Brothers for Recovery. The community listened to the emotional stories of three Aboriginal men and their journey through addiction. How they now want to help others in their fight

for survival – where many have given up hope for the future.

We must work as a collective within our community to effect change. Attitudes, policy, systems and thinking towards Aboriginal Affairs in Canberra must change. Solutions are embedded in our community – if only they could be heard by the powers to be.

I would like to thank my dedicated team of Directors, staff, stakeholders and funding bodies who have allowed me to effect strong leadership. I am fiercely proud of this organisation through our reputation, our accountability and our cultural knowledge and expertise.

I look forward to moving into the new financial year, being strongly committed to the role of families and caregivers, in all their forms, as being integral to the healthy development of children and youth – as they are and will continue to be essential partners of Gugan Gulwan.

K. Dawson

Executive Director

16 October 2017





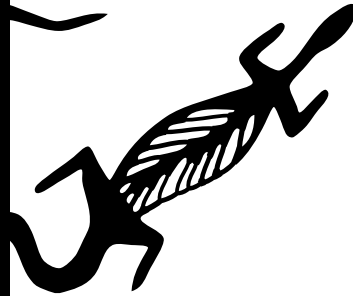
YMMG working on didgeridoo's

MARCH 2018

12th Canberra Day, 30th Good Friday, 31st Easter Saturday

THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

INFORMED SERVICE DELIVERY



Development of Programs and Services

Gugan Gulwan employs a consultation and evidence-based framework to determine the ongoing efficiency, effectiveness and sustainability of the programs and services it delivers. Cultural competency and self-determination are core fundamentals of any successful program /service that is respected and valued by Aboriginal and Torres Strait Islander young people and their families.

Within this framework, we continue to build and maintain networks of advocates and alliances within a wide range of agencies to ensure we can meet our objectives and goals while also fostering empowerment and choice among wider community.

Informed Practice

Feedback from the community indicated the increasing need for assistance with increasingly complex and multifaceted issues faced by families. Gugan Gulwan responded to family's requests for practical, informed suggestions of ways to deal with a family

member facing ICE addiction by hosting Brothers4Recovery and Odyssey House forum aimed at providing families with information and real practical examples of ways families can manage the issues faced by those with an ICE addiction.

Case Management is also influenced by the increasingly complex and always multifaceted issues faced by families. Often clients are provided with services across a number of programs and funding streams. There are two workers with every client and this is a combination across programs to simultaneously, where appropriate, assist the client with their presenting issues.

Informed Service Delivery

Gugan Gulwan workers use the training, community feedback and feedback from clients to deliver programs that are relevant to participants. This year a lot of feedback regarding the need for Gugan Gulwan to deliver the Parenting Our Way Program was received. This program was very successful several years ago. Parents are indicating they need a culturally appropriate, practical, informed program.



APRIL 2018

**1st Easter Sunday, 2nd Easter Monday,
25th Aboriginal and Torres Strait Islander Commemorative Ceremony**

Youth Week Celebrations 2016

SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

RECONNECT SERVICE

The Gugan Gulwan Reconnect Program is an Early Intervention Program working to support Aboriginal and Torres Strait Islander young people aged between 10 – 18 years, and their families, to reduce the risk of early home leaving. The program delivers a combination of case management services, group programs and targeted interventions to assist young people, and their families, to stabilise their living situations and improve engagement with family, work, education, training and their local community.

Reconnect Family Liaison Officers provide holistic and confidential case management support to young people, their immediate families and extended family networks. Practical interventions are developed in collaboration with clients, other agencies and community to provide wrap around support for families. This process builds self-confidence, resilience and allows the young person to identify pathways to try and work through issues they and their family may be experiencing with ongoing support.

The guiding principles of the Gugan Gulwan Reconnect program include: accessibility of services, client driven service delivery, holistic approaches to service delivery, working collaboratively, culturally and contextually appropriate service delivery, ongoing review and evaluation; and building sustainability within families and the community.

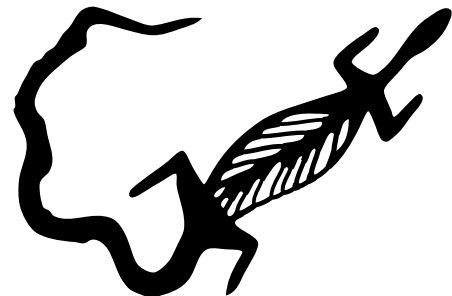
Tutoring Program

The tutoring Program was developed as an early intervention strategy to address the concerning statistics of disengagement from education by Aboriginal and Torres Strait Islander young people. The program provides one on one tutoring support for students ages 8 and above. Where possible Tutors work in collaboration with the student's teacher to provide targeted assistance in areas of difficulty for the student.

During the year 40 students were assisted through this program. Feedback from students and their families indicated the flexible, responsive and individual nature of the program is a real strength.

Gugan Gulwan Statistics for 2016/17

Number of Active Cases	45
Number of Individual Clients	56
Number of individual sessions of client support provided	960





Playgroup first aid

MAY 2018

26th National Sorry Day, 27th - 3rd June Reconciliation Week

TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

DRUG & ALCOHOL/ MENTAL HEALTH PROGRAM

Gugan Gulwan utilise a harm minimisation framework when working with youth experiencing AOD and mental health issues. It is reiterated that good practice is not just defined or focused on the AOD/mental health problem. The services engage and begins work with the young person to assist with whatever will make a positive difference. This includes respectful relationships, housing, income security, food, GP visits, mental health supports. Intervention can rarely have a sole AOD/Mental health focus, it is focused on outcomes that are meaningful to the young person and reduces their vulnerability and enhances their resilience to problematic AOD use.

Due to an increase in care and protection issues, family conflict and violence and intergenerational AOD and mental health issues some clients who present to Gugan Gulwan seem chaotic and have multiple needs.

Staff are required to be both proactive and flexible whilst exploring the underlying reasons behind substance use – they are not just using for fun, it's a means to trying to wipe out something they don't want to remember or due to trauma within the young person's life. Aboriginal and Torres Strait Islander young people with problematic substance use are often disconnected across the board – from family, from school, and from community. They seem to have a greater connection with peer groups that can bring benefits as well as negatives. The feeling of hopelessness from the family group can be and is devastating.

Gugan Gulwan has found that it was becoming increasingly difficult for young people presenting to the service to access immediate clinical supports when dealing with severe AOD/mental health issues. Staff were not only navigating long waiting lists for detox and rehabilitation services in ACT and surrounding regions, they were also dealing with clients who presented with psychosis type behaviours. To alleviate the strain on staff, the following was put in place: -

- Securing weekly drop in service at Gugan with a youth drug and alcohol counsellor from Alcohol and Drug Services Counsellor
- Maintaining connection with Winnunga Nimmitjiah Director of Clinical Services
- Access to addiction nurses for those clients who are pregnant
- Brokerage of specialist counselling services for mental health and child development
- Utilising Relationships Australia services

Throughout the 2016/17 reporting period the Drug and Alcohol and Mental Health Section case managed 164 clients.

Suicide

When a death of a young person by suicide has occurred in a community, it is particularly important to focus on the well-being of the family group/s involved and also of other young people who were close to the departed young person.

Management of Gugan and staff were vigilant in:

- Notifying all emergency services
- Meeting with heads of family and mapping out family trees and supports
- Ensuring they had food and emergency numbers
- Informing key stakeholders and ALO's throughout the ACT
- Arranged counselling and on call for family/families
- Funds towards funerals and doing up funeral pamphlets.
- Providing opportunities for informal debriefing /informally assessing the well-being of loved ones and friends.
- Providing a strong message to families and young people that it is ok to inform a worker or someone in the community if they are concerned about a family or peer group member.

Group work

Gugan Gulwan have found some Aboriginal and Torres Strait Islander young people who are not ready for clinical intervention due to AOD/Mental Health issues will accept connection through group work. There is less 'shame' attached to attending group sessions if they are not the focus of individualised attention. This can often be a soft entry point for clients before they move onto case management. There are also programs delivered as early intervention services for youth.



Music program participants at the Multicultural festival

JUNE 2018

3rd Mabo Day, 11th Queen's Birthday

FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

Streetbeat

Gugan Gulwan's Streetbeat program made significant relationships with key youth organisations and bodies. Staff were increased on night patrols, new information packs were developed, procured and additional resources included which successfully increased our youth engagement. Gugan Gulwan has purchased branded back packs that are highly visible. Our collaboration with ACT refuges and youth centres has seen our program receive a larger audience of young people. The addition of Anti Drink Spiking Kits has seen an increased engagement from females accessing the Streetbeat program. Gugan Gulwan developed Suicide Prevention posters which have been highly regarded but have had challenges obtaining approval for these posters to be displayed on government and statutory authorities' offices.

All Gugan Streetbeat Staff have current First Aid Training. Gugan Gulwan Streetbeat staff have a broad range of experience, skills and knowledge in sexual health, comorbidity issues, food safety and handling, smoking cessation, drug and or alcohol misuse, harm minimisation strategies and mental health.

The Streetbeat Outreach program over the last twelve months has completed 92 patrol nights and distributed 2983 sexual health information packs

Music Program

The Gugan Gulwan Music program is designed to engage and support Aboriginal and Torres Strait Islander young people in the ACT region who have an interest or passion for music. The music program is for young people at elementary or intermediate levels. The program provides a range of musical instruments with ongoing music tuition and performance opportunities. The program is held every Monday 4-5pm at Gugan Gulwan during school terms.

The music program has continued to expand in the last 12 months with well-known local artist Johnny Huckle assisting in the teaching, singing and facilitation of music development. One-on-one music tuition and support has further strengthened individual and group development.

The music program has delivered 36 sessions to an average of 10 young people per session.

The reputation and strength of the Gugan Gulwan Band and singers has continued to grow with invitations to perform at a range of

events including: Gugan Gulwan NAIDOC Awards Night, Christmas Concert, National Youth week, Youth Homelessness Matters Day, Gordon Primary School.

Lunch Program

Lunch program is being delivered in an outreach capacity as well as through our Drop-In program that is opened 4 days per week. Gugan Gulwan have introduced a Breakfast Bar for young people. Lunch program staff have delivered lunch program information/promotion to school, local events and by request. Lunch program engagement has increased in this reporting period due to increase networking, promotion and consultation with young people with over 1874 young people accessing the Drop-In and Lunch program. Lunch program is delivered by staff across all programs.

Alexander Maconochie Centre

The Outreach worker in conjunction with other external services has been a part of the delivery of the Indigenous Traditional Culture Healing Yarning Art Program within Alexander Maconochie Centre. Staff also facilitate a music program which results in the formation of a band and performance at the annual AMC NAIDOC day where artwork created by inmates is on display through an exhibition. A total of 26 participated in the program.

Bimberi Youth Detention Centre

Two outreach workers attended Bimberi for monthly network meeting and facilitated cultural programs with residents each Wednesday from 10am-12:30pm. Staff facilitated didgeridoo making & playing, with young people carving their own didgeridoo as well as participating in the arts program.

In partnership with Winnunga Nimmityjah Aboriginal Health Service staff also participated in Bimberi's Sport and Recreation Program each Thursday morning 10am 12.30pm. This program connects with young people in Bimberi by engaging them in sports. Several sports were covered during the year including touch football, Basketball and Buroinjin.

Buroinjin is a traditional ball game for people of all ages. Variations of the game were played by Aboriginal people across South East Australia. The game played today in the ACT is adapted from the game played by the Kabi people of Southern Queensland. The game was played with a ball made of animal skin, which was called a buroinjin. The ball, which was smaller than a soccer ball, was sewn with tendons and stuffed.



NAIDOC Disco 2016

JULY 2018

1st Coming of the Light Festival, 8th - 15th NAIDOC Week

SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

Arts for Therapy Program with Ted Noffs

The Gugan Gulwan Ted Noffs Art Therapy program has been developed for Aboriginal and Torres Strait Islander young people currently receiving treatment for alcohol, drug and or mental health issues. The program is designed to alleviate Cultural isolation and exclusion with several young people coming from interstate for support and treatment.

Art therapy is recognised as a therapeutic method of engaging clients in self-healing, expression, treatment, rehabilitation and addressing any current or previous behaviours of concern. The program has a strong cultural foundation that further enhances the individual's understanding of self.

Over the last 12 months, 32 workshops have been delivered with over 40 young people accessing the program. Activities completed included canvas painting, hat design, boomerang painting, jewellery making and didgeridoo design.

Young Women's Group

The Gugan Gulwan Young Women's Group is held every Wednesday afternoons during school terms from 4-6pm. The Young Women's group is for young Aboriginal and Torres Strait Islander women between the ages of 12-14 years and is facilitated by Gugan Gulwan's Drug and Alcohol/mental health team female staff.

The program is holistic in design and provides opportunities for the young women to engage in learning life skills, participate in group activities and educational information sessions. The program is designed to challenge and support the young women as they develop a deeper understanding of relevant contemporary issues affecting them, the ability to self-advocate and to improve their own personal development/identity in an environment that is safe, free from judgement and culturally sensitive. In this 12 month period we have had 20 young women engaged in the program.

Men's Anxiety and Depression Group

Gugan Gulwan works collaboratively and in partnership with Winnunga Nimmityjah Aboriginal Health Service to co-facilitate the delivery of the Men's Anxiety and Depression Group. The program is delivered by Drug and Alcohol workers from both

organisations. The program is promoted to men currently detained in the Alexander Maconochie Centre as a wraparound support. The program is client driven and provides information/strategies to address issues or behaviours of concern. An average of ten men participated in the group per session over the last twelve-month period.

Koori Leadership Group

The leadership group is an early intervention program delivered in partnership with Gugan Gulwan and West Belconnen Child and Family Centre. The group is designed for Aboriginal and Torres Strait Islander youth between the ages of 12-15 years. The program was delivered weekly on Thursday afternoons during school terms until early 2017 a decision was made to deliver four sessions every quarter.

The program is driven by the needs, behaviours and or concerns of the young person with an aim to educate and inform. The Koori Leadership Group emphasises leadership, culture, education, healthy decision making and self-determination as core components of its program. The program supports up to 30 young people each session.





Touch Footy team warming up at Boomanulla Raiders NAIDOC day

AUGUST 2018

4th National Aboriginal and Islander Childrens' Day,
9th International Day of the World's Indigenous People

WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

NATIONAL AFFORDABLE HOUSING AGREEMENT

The National Affordable Housing Agreement – Supported Assistance Program provides support to young people who are having difficulty with housing needs. This can be young people who are homeless, having difficulty sustaining a current tenancy or in need of a supported accommodation options.

The young people within the program have complex needs around housing and homelessness. They have issues with the access and availability of appropriate housing. This need for support is anticipated to grow as the ACT region continues to struggle with a shortage of community housing, particularly as the current market rental price of private accommodation is a direct barrier to market entry.

Whilst this program's primary focus is to assist client in sourcing appropriate accommodation, it also aids clients in sustaining accommodation or a tenancy by supporting and advocating clients need through identified and responsive case management planning. The program aims to reduce the number of people experiencing homelessness or who are in crisis accommodation and works with client and other relevant service providers to identify exit points and pathways that are positive and viable.



CHILD, YOUTH & FAMILY SUPPORT

The Gugan Gulwan Child, Youth and Family Services Program operates four key performance pathways under the current framework including case management, group programs, youth engagement and therapeutic services. From these pathways, the program provides holistic support for individuals and families. It is inclusive and responsive to changing needs and demands and utilises productive working relationships with external services to support and address identified goals and needs.

During the 2016- 17 reporting period, the Child, Youth and Family Service team case managed 100 families.

The table below captures the group programs delivered by the Child, Youth and Family Service Team.

Program	No. of Participants
Young Mum's Group / Little-Brotha- Little Sista Playgroup	35
School Holiday Program	128
Young Men's Mentoring Program	30
Drop In	1874
Community Event	120



Young Men's mentoring group (8-12 years)

SEPTEMBER 2018

13th RU Okay Day

SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

Early Childhood Program

Gugan Gulwan's Early Childhood worker provides ongoing case management and support for parents and guardians with children aged 0-8 years. The Early Childhood worker role was developed to provide a holistic early intervention service for families and children. The case management of families and children within this program has allowed the identification of developmental needs and ongoing support to be realised, which ultimately positions the families to better respond to emerging needs, demands and outcomes. The delivery of this program includes flexible and responsive case management, advocacy, education and training, tutoring support, sport and recreation, family support, and cultural activities

Little Brotha - Little Sista Playgroup

The Little Brotha – Little Sista Playgroup meets every Tuesday during school terms at Lanyon YWCA from 10am- 2pm. The programs design is strategically developed in collaboration with the mothers and their children; identifying needs, information and practical supports. The program provides mothers with a social time to network and share, but also the opportunity to learn in an informal environment about child development and strategies that further enhance their parenting skills and confidence. During the reporting period Gugan Gulwan Little -Brotha-Little-Sista Playgroup had 18 mothers & 17 children attending the group.

Gugan Gulwan "Little-Brotha- Little Sista" Playgroup has maintained a strong working relationship with:

Tuggeranong Child & Family Centre (TCFC) provide direct support to the Little Sista- Little Brotha Playgroup by facilitating events/ activities and direct support/referral to the children and parents/ carers.

The Little Brotha-Little Sista Playgroup participated in several TCFC events including:

- Tuggeranong Child and Family Centre - Tracks to Reconciliation,
- Tuggeranong Child and Family Centre - 10 Year Anniversary
- Tuggeranong Child and Family Centre Program and Services Tour

ACT Child Development Service attends the Little Brotha-Little Sista Playgroup weekly providing support, direct referral and strategies

regarding developmental milestones, play/tactile therapy and speech development for parents/carers and their children. From this collaboration was an early identification and intervention for some of the children requiring additional support with referrals being facilitated for follow up assessments and to the National Disability Insurance Scheme (NDIS).

Care Inc provide an outreach service to the parents/carers attending the Little Brotha-Little Sista Playgroup with ongoing financial advice and support including budgeting, debt reduction, strategies to achieving financial goals.

Centrelink community engagement officers provide an outreach service to the Little Brotha-Little Sista Playgroup by reviewing individual Centrelink circumstances (as requested) and by providing general Centrelink support and information.

St Vincent's De Pauls facilitated an information session on home energy reduction and energy efficiency strategies. St Vincent's De Paul received several referrals for home assessments from the parent/carers attending the Little Brotha-Little Sista Playgroup.

ACT Health has attended the Little Brotha-Little Sista Playgroup and facilitated information sessions to parents/carers on health eating, dental care, lunchbox ideas, healthy food and recipes options (on a budget).

Drop In

Drop In operates Monday – Thursday 10.00 – 3.00 and attracted 1874 attendances from young People this year. Drop In provides a great opportunity for a soft entry into our programs and services for Aboriginal and Torres Strait Islander young people. It further provides a great opportunity for cultural sharing and information provision to young people of other cultural identities. Drop In is provided by staff across all programs.

Therapeutic Services

The Gugan Gulwan Deputy Director provides counselling every Tuesday from Gugan Gulwan and Relationship Australia offices. Clients can access this service either by self-referral or referral by a Gugan Gulwan Case manager. There were 96 sessions of counselling were delivered within the last 12 months. This year saw an increase in parents accessing the service who have had children removed by Child, Youth Protective Services.



Brothers 4 Recovery – community information session

OCTOBER 2018

1st Labour Day

MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

Young Men's Mentoring Program

The Young Men's Mentoring Group (YMMG) is a highly sought after program within the community for young men aged between 8-12 years. Program numbers have nearly doubling since the start of the year with an average of 15 participants attending and another 12 participants on a waiting list for the following term. Our YMMG continues to address the identified gap of services for young men aged in this range. The program operates every Thursday afternoon during school terms from 4-6pm.

In the past 12 months, the program's popularity has significantly grown in interests and has become a valuable outreach program for young indigenous males to learn about respect, cultural practices and the building of positive social networks. The program promotes and provides information on healthy lifestyles and healthy decision making it also provides a culturally-safe space for men's business to be discussed. We strive to make our program unique in its ability to provide positive influence and a sense of belonging to help strengthen the lives of young indigenous males to tackle the issue of suicide ideation rates within the indigenous population. We have incorporated an indigenous counsellor into our YMMG in collaboration with Relationships Australia (RA) to provide cultural appropriate counselling, he along with two other Gugan Gulwan staff members provide strong male role modelling practices.

During NAIDOC week 2017, our YMMG attended a NAIDOC family day for a local indigenous rugby league team the Boomanulla Raiders and participated in a game of touch football to promote healthy lifestyles. 12 of our YMMG participants received a T-shirt, hat and water bottle on the day as well as meeting some of the players and forming a path to clap on the men's team on as they ran out to play.

Family Support

The Family Support Worker engages families with children by providing a holistic service ranging from extensive case management services to youth engagement and group programs. The Family Support Worker is proactive in engaging clients in their case plan which aims to be responsive to the needs of the family. This plan is developed, implemented and reviewed by the family as part of their case management. The Family Support Worker seeks and acts upon feedback to ensure the service is appropriate,

responsive and address the needs of the family as they grow and change.

Youth Support

The Youth Worker provides an invaluable access pathway for young people requesting Gugan Gulwan services aged between 12-15 years. The youth workers core purpose is to provide support to the young people seeking services in the ACT region through responsive and flexible case management.

Working with young people requires a dedication and commitment to engaging young people, but also an understanding of contemporary issues that they may be experiencing. Scope of service delivery includes; case management, advocacy, homelessness, education and training, tutoring, sport and recreation, family support, drop-in, outreach & mental health issues.

The Youth Worker is responsible for several programs at Gugan Gulwan;

- Drop In
- Young Men's Mentoring Program
- School Holiday Program

Community Event / Healthy Lunch Boxes

Gugan Gulwan hosted a Community Event on the 6th May at Gugan Gulwan in collaboration with Winnunga Nimmityjah Aboriginal Medical Centre to provide an opportunity for the ACT Aboriginal and Torres Strait Islander Community to meet the Shadow Minister for Indigenous Affairs MLA James Milligan to raise issues and address their concerns on the current situation that our people are facing within the ACT.

Also at the event Gugan Gulwan invited a nutritionist from ACT Health Nicola Graham to provide information to the Community on Healthy Lunch box options and ideas to pack for our children's lunches when they attend school. Gugan Gulwan also provided lunch boxes & drink bottles for the community to give to their children.

The event was a huge success with over 120 community members attending.

Suicide Prevention

It's Everybody's Business



Helplines:

- Suicide Call Back Service 1300 659 467 (24hr service)
- SANE Australia hotline 1800 18 7263 (24hr service)
- Lifeline 13 11 14 (24 hour service)
- Kids Helpline 1800 55 1800 (24hr service)
- ACT Mental Health Crisis Treatment Team (CATT Team) 1800 629 354 (24hr service)
- Suicide Bereavement Response Service 0421 725 180
- Beyond Blue 1300 22 4636
- Mensline 1300 78 99 78

NOVEMBER 2018

Suicide Prevention Campaign

THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

NDIS OUTREACH PROGRAM

Gugan Gulwan was funded until 31 December 2016 to provide an outreach service to the ACT Aboriginal and Torres Strait Islander community around NDIS and assisting members of the community requiring support, facilitation and information to access the NDIS.

The Outreach Workers worked collaboratively to target vulnerable individuals and families in the community. This was achieved by community meeting attendance and outreach collaboration with schools and other community sector organisations. Whilst the aim of the program was to reach all individuals requiring disability support, some individuals declined to apply or register for NDIS access.

From July 1 to December 31 December 2016 Gugan Gulwan NDIS outreach included:

Number of people assisted to Completed Access Request Form	24
Number of people supported with NDIA pre-planning	5
Number of people supported to engage with the NDIA transition including (formal planning meetings, support connection/coordination, NDIS portal assistance, NDIS package handover meetings)	33
Number of NDIS community gatherings held	10
Number of community events attended promoting NDIS	23

TEAM SUPPORT SERVICE



The Team Support Service at Gugan Gulwan was created in January 2017 with the aim of supporting Gugan Gulwan staff with the ever-expanding need for services. The aim of Team Support is to assist staff with Case Management and Group Programs during periods of staff leave as a direct response to concerns about continuity of services during times of staff leave or staff leaving employment at Gugan Gulwan. Team Support also provide administrative support as the organisation undergoes the Quality Assurance process and during times of reporting.



Christmas party 2016

DECEMBER 2018

10th Human Rights Day , 25th Christmas Day, 26th Boxing Day

SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUES	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

DAYS OF SIGNIFICANCE

Gugan Gulwan has hosted and facilitated a number of events in this twelve month period that recognise, celebrate and promote days of significance within the Aboriginal and Torres Strait Islander community.



NAIDOC 2016

Gugan Gulwan annual NAIDOC event continues to build on past years and acknowledge the achievements of our young people in the ACT region. The theme for 2016 NAIDOC Songlines-The Living Narrative of Our Nation was a key theme in our Gugan Gulwan Youth Awards, as we showcased the talent and celebrated the achievements of our young people.

Categories for the awards included:

- Music/Dance/Performing Arts
- Leadership Award
- Sports Award
- Education Award
- Art Award
- Outstanding Achievement

The event was extensively promoted with Gugan Gulwan receiving an enthusiastic response from community members wanting to attend and participate. Over 200 people from the community attended Gugan Gulwan NAIDOC 2016 and enjoyed the festivities, the food and entertainment, but most of all our young people. Every Gugan Gulwan NAIDOC event inspires new ideas and excites the organisation to exceed the previous year's delivery and design.

National Aboriginal and Torres Strait Islander Children's Day (4th Aug 2016)

In collaboration with Lanyon YWCA and ACTCOSS Gulanga program a joint event was hosted to celebrate and recognise the National Aboriginal and Torres Strait Islander Children's Day at Lanyon YWCA. The event attracted more than 100 people with storytelling, traditional dancing, arts and crafts and kid's entertainment provided.

International Day for People with Disability Community Event (4th Dec 2016)

Theme: Achieving 17 Goals for the Future We Want, which draws attention to the 17 Sustainable Development Goals and how these goals can create a more inclusive and equitable world for persons with disabilities.

Gugan Gulwan hosted an event on the 25 November 2016 to celebrate and recognise the International Day for People with Disability. This event had special significance to Gugan Gulwan and our community members as the Gugan Gulwan NDIS outreach program was winding down and ceasing as of 31 December 2016. To help support and ease transition we invited a number of local disability organisations to attend and be stall holders; this facilitated a warm introduction and handover to many of our NDIS clientele. The event was the launch of the Gugan Gulwan NDIS Frequently Asked Questions (FAQ) as a resource for community to use when navigating the NDIS pathways. The event was very successful with approximately 70 community members in attendance.

Youth Week 2017

Gugan Gulwan 's annual Youth Week event was held on the 7th April 2017. This event continues to build upon its success and commitment to be a dedicated youth celebration with over 250 community members participating in the event.

Event activities and highlights this year was music performances by local community members including the Gugan band, stallholders (including Child Development Service, A Gender Agenda, Woden Youth Centre, Australian Federal Police), face painting, jumping castle, raffle prizes and much more.

This event coincided with Gugan Gulwan being announced the WIN News Business of the Month for March 2017.

Strategic Plan 2016-2020 Launch – Engage. Participate. Grow

The Strategic Plan was launched by Joanne Lesiputty as part of Youth Week celebrations. The Strategic Plan is the core document outlining the vision, mission, principles and goals of Gugan Gulwan as well as providing the legacy platform of Gugan Gulwan into the future. The Strategic Plan forms a basis for future planning and direction.

ICE Forum with Brothers 4 Recovery and Odyssey House

On 24 May 2017 Gugan Gulwan Youth Aboriginal Corporation hosted an ICE Forum Community Event with Brothers 4 Recovery and Odyssey House. Guest Speakers provided information to community members and answered any questions they might have regarding rehabilitation, addiction and support services. This event was a follow up to the forum held last year. The community expressed a wish for further information and some realistic, practical, safe ideas for families to try.

The Community Event gathered over 30 community members to hear and voice their opinions about Drug and Alcohol Awareness. Kathleen from Odyssey House presented an intriguing slide show regarding amphetamines, how they work and the impacts of amphetamines.

Brothers 4 Recovery are a group of aboriginal men with lived experience who work with young people on issues surrounding Drug and Alcohol addiction.

Jeff Amatto, Ed Daley and Steve Morris attended Gugan Gulwan's ICE Forum to share their journey throughout their addictions.

Jeff, Ed and Steve are on a mission to promote Drug and Alcohol awareness to empower communities and youth to implement the tools to recovery.

Brothers 4 Recovery address the issue of Drugs and Alcohol, Mental Health, Suicide Prevention, Anger Management, School Disengagement, Family Relationships, Healthier Lifestyle choices and Early Intervention.

Brothers for recovery offer life strategies, group sessions, one on one talks and life journeys by community members and individuals.



"I went from an Alcoholic Addict behind bars who's lucky to be alive. I've now Co Founded my own Drug and Alcohol Awareness Company which sees me travel Australia to help others. Anything is possible if you are willing to change". Jeff Amatto B4R



Trinity afterschool care



Young Women's Group – nutrition and cooking skills

TREASURER'S REPORT

As the Treasurer, I am pleased to present the 2016/17 audited financial statements for Gugan Gulwan Youth Aboriginal Corporation.

Gugan Gulwan's strategic foundations are at the centre of the organisations overall vision moving forward. Gugan Gulwan has been instrumental in maximising the effectiveness and efficiency of our financial operations by thoughtfully working towards organisational excellence.

The 2016/17 financial year saw the organisation better utilising funds received in previous financial years to achieve its objectives, while still maintaining a strong operating position.

Gugan Gulwan's full audited financial statements report for the year ended 30 June 2017 is available on the Office of the Registrar of Indigenous Corporations (ORIC) website and upon request.

I would like to thank the Organisations Management, in particular Deputy Director – Amanda Savle, Ms Marie Roach - MYOB Consultant and training services and Kelli Lawton of Cosgrave Soutter Who have worked tirelessly to ensure strong financial processes are in place at Gugan Gulwan.

I would also like to thank KPMG who were assigned as Gugan Gulwan's Auditor in 2016/17.

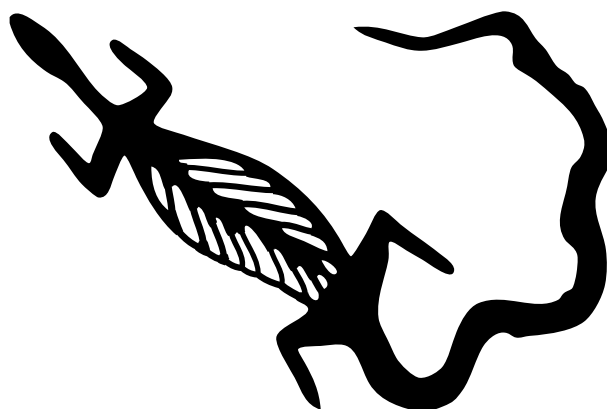
Regards,



William Collins
Treasurer

13 November 2017

AUDITED FINANCIAL STATEMENTS



Gugan Gulwan's financial result for the year ended 30 June 2017 is a surplus of \$126,900. The audited Balance Sheet and Statement of Income and Expenditure for the year ended 30 June 2017 are as follows:

Statement of Income and Expenditure

	\$
INCOME	
Grant income	2,096,380
Other income	5,982
Total Income	<u>2,101,362</u>
EXPENDITURE	
Employee expenses	1,296,901
Transport and travel	162,202
Other program expenses	237,028
Other operating expenses	279,331
Total Expenditure	<u>1,975,462</u>
Surplus for the year	<u>126,900</u>

Balance Sheet

	\$
ASSETS	
Cash	571,062
Property, plant and equipment	28,060
Total Assets	<u>599,122</u>
LIABILITIES	
Creditors and accruals	64,007
Provision for annual leave	65,866
Provision for long service leave	3,506
Total Liabilities	<u>133,379</u>
NET ASSETS	<u>465,743</u>
EQUITY	
Retained earnings	338,843
Current year surplus	126,900
TOTAL EQUITY	<u>465,743</u>

NOTE: The full financials are available on ORIC's website www.oric.gov.au

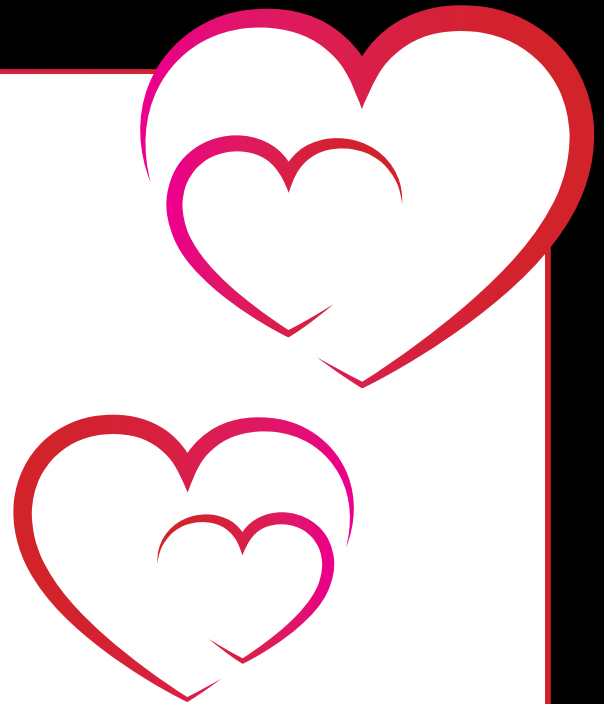
EARLY INTERVENTION - BUILDING STRONG FAMILIES

Healthy relationships

- Stop the cycle of violence within the family home & community
- Language we speak (swearing)
- It's not OK to put other family members down in front of each other - Lateral violence.
- Show LOVE towards each other / empathy
- Communicate
- Support one another

Health & Wellbeing

- Eating more healthy
- Starting from conception
- Exercising regularly
- Encourage our children to participate in sporting activities both in school and at home
- Encourage WHOLE family activities - eg: backyard cricket, family BBQ's
- Participate in community events - stay in touch with our community
- Regular health checks for all family members - not going to the Dr when sick
- Follow up with ongoing appointments specialist if needed





Gugan Gulwan
Youth Aboriginal
Corporation



Gugan Gulwan Youth Aboriginal Corporation

Grattan Court, Wanniasa, ACT 2903

PO Box 307, Erindale, ACT 2903

T: +61 2 6296 8900

F: +61 2 6231 9933

kim@gugan-gulwan.com.au

www.gugan-gulwan.com.au